

# **PERSONAL RECORD BOOK**

Plumber



This is your Record Book!

# DO NOT SUBMIT TO THE ITA

This is not required to achieve certification

- It is a record of your progress towards achieving certification in the trade
- It provides a record of your experience
- It is your responsibility to keep it upto-date
- Take it with you if you change employers

Note: Employers and supervisors are not responsible for keeping your Record Book up-to-date. They are responsible for signoff of hours and sign-off of competencies once you have achieved the required level of skills and knowledge.

# **APPRENTICE IDENTIFICATION**

### Trade: PLUMBER

Legal Last Name:	
Name:	
Province:	Postal Code:
Email Address:	
	Name: Province:

#### Work Safely!

A safe work attitude contributes to an accident free environment. Accident prevention and safe working conditions are the responsibility of both employers and employees.

Wear the required personal protective equipment, follow safe work practices and follow all safety regulations applicable to specific job activities.

Employer's responsibilities:

- Provide and maintain safety equipment and protective devices
- Ensure proper safe work clothing is worn
- Enforce safe work procedures
- Provide safeguards for machinery, equipment and tools
- · Observe all accident prevention regulations
- Train employees in safe use and operation of equipment

Employee's responsibilities:

- Work in accordance with the safety regulations pertaining to job environment
- Work in such a way as not to endanger themselves or fellow workers.

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# **EMPLOYER INFORMATION**

#### **Originating Employer**

Start Date:	End Date:
Employer:	
Contact Person:	
Address:	Phone:
	Email:
	Fax:
Supervisor/Journeyperson 1:	*TWID #:
	Phone:
	Email:
Supervisor/Journeyperson 2:	TWID #:
	Phone:
	Email:

\*TWID # – Trade Worker Identification Number

If you have more than one employer during your apprenticeship, record the information for subsequent employers on the following page(s).

If your job ends or you change employers...

Before leaving your place of employment:

- Update Workplace Hours through a <u>Work-Based Training Hours form</u> for the current reporting period and get signoff by your employer.
- Update Record of Competencies with your supervisor.
- Confirm with your employer that your workplace hours have been reported to ITA, and if possible get a copy of all Work-Based Training Hours reports submitted.
- Notify the ITA of the change in your employment by submitting an <u>Apprentice</u> <u>and Sponsor Registration form</u> with your new employer.

When re-employed...

You must be registered with your new employer before submitting any workbased training hours to the ITA.

### **Subsequent Employers**

Start Date:	End Date:
Employer:	
Contact Person:	
Address:	Phone:
	Email:
	Fax:
Supervisor/Journeyperson 1:	TWID #:
	Phone:
	Email:
Supervisor/Journeyperson 2:	TWID #:
	Phone:
	Email:

### **Subsequent Employers**

Start Date:	End Date:
Employer:	
Contact Person:	
Address:	Phone:
	Email:
	Fax:
Supervisor/Journeyperson 1:	TWID #:
	Phone:
	Email:
Supervisor/Journeyperson 2:	TWID #:
	Phone:
	Email:

# **WORKPLACE HOURS**

### Instructions

Make an entry in this section each time your hours are reported to the ITA.

- 1. Get a copy of the Workplace Hours Report from your employer.
- 2. Fill in the dates of the reporting period and the hours reported.
- 3. Enter your employer name, address and phone number.
- 4. Keep your Record Book in a safe place.

#### Workplace Hours

**Workplace hours** must be submitted to the ITA by your employer on a regular basis. Your hours should be reported at least every six months; however, every three months is preferred.

At the beginning of your apprenticeship discuss the frequency of reporting with your employer.

Keeping Workplace hours up-to-date in your Record Book gives you the tools to better manage your apprenticeship. It provides you with the opportunity to:

- Follow up with your employer each reporting period to ensure your hours are reported on a regular basis.
- Discuss your progress with your direct supervisor/journeyperson on a regular basis.

DATE (TO-FROM)	EMPLOYER	HOURS
TOTAL HOURS		1

# **RECORD OF COMPETENCIES**

### Instructions

The Record of Competencies is filled out and signed-off by the journeyperson supervising your work.

- 1. Know what skills are expected at each level of the program.
- 2. Ask the journeyperson to sign off on the competency when you have acquired the skills and are able to perform the task without supervision.
- 3. If the journeyperson agrees that you have the required skills, he/she will:
  - Record the date that the competency was achieved
  - Sign off on the competency
  - Enter his/her Trades Worker Identification Number (TWID #)

What is a Record of Competencies?

The Record of Competencies lists all competencies you should be knowledgeable in prior to receiving your certification. Keeping this section up to date will allow you to track your progress towards certification and demonstrate proficiency in the skills within the scope of your trade. Completion of the entire program should result in you becoming a skilled and knowledgeable journeyperson.

- Refer to this section periodically to ensure you are getting the work experience you need.
- Use the competencies as a guide to ensure work tasks are assigned so that you acquire the skills and knowledge required to be successful in the trade.

Review the Record of Competencies on a regular basis with your direct supervisor/journeyperson to ensure they have been completed.

#### Program Outline

The Program Outline provides detailed information on the scope of knowledge and skills expected at each level of the program, further defining the competencies listed in the Record Book. The Program Outline is a great resource for developing a training plan.

Download from: www.itabc.ca/program/plumber

#### Apprenticeship Toolkit

For general information on apprenticeship and tips for navigating the apprenticeship system in BC visit ITA's website to learn about the <u>apprenticeship basics</u>.



### **IMPORTANT!**

**Download the Program Outline!** 

www.itabc.ca/program/plumber

Read the competency tables Some competencies are taught in many levels For detailed information about that competency, go to the Program Outline

### THEORY

LINE A: PERFORM SAFETY RELATED FUNCTIONS

IDENTIFY AND USE LOCK-OUT AND TAG-OUT PROCEDURES

IDENTIFY CLASSES OF FIRES

LINE B: USE TOOLS AND EQUIPMENT

IDENTIFY COMMON WELDING TYPES, POSITIONS, JOINTS, SYMBOLS AND EQUIPMENT

LINE C: PERFORM ROUTINE TRADE ACTIVITIES

INTERPRET INFORMATION FOUND ON A SET OF DRAWINGS

☐ IDENTIFY CODES, STANDARDS AND ORGANIZATIONS

LINE D: PREPARE PIPING AND COMPONENTS

- DESCRIBE PIPING AND TUBING
- DESCRIBE VALVE TYPES
- DESCRIBE THE INSTALLATION OF VALVES
- **DESCRIBE STRUCTURE PENETRATION**

#### LINE F: USE COMMUNICATION TECHNIQUES

DESCRIBE EFFECTIVE COMMUNICATION PRACTICES

LINE O: APPLY ELECTRICAL CONCEPTS

- DESCRIBE ELECTRICAL CONCEPTS
- **SOLVE SIMPLE PROBLEMS USING OHM'S AND KIRCHHOFF'S LAWS**
- DESCRIBE SINGLE PHASE AND THREE PHASE POWER
- □ IDENTIFY TRANSFORMERS

### PRACTICAL

#### LINE A: PERFORM SAFETY RELATED FUNCTIONS

- MANAGE WORKPLACE HAZARDS
- USE AND MAINTAIN PERSONAL PROTECTIVE EQUIPMENT (PPE) AND SAFETY EQUIPMENT
- SELECT FIRE EXTINGUISHERS FOR CLASS OF FIRE AND RELEVANT CONDITION

#### LINE B: USE TOOLS AND EQUIPMENT

- USE HAND, PORTABLE AND STATIONARY POWER TOOLS
- USE MEASURING AND LEVELING EQUIPMENT
- □ INSPECT AND MAINTAIN TOOLS AND EQUIPMENT
- **USE LEVELING EQUIPMENT TO ESTABLISH ELEVATIONS**
- □ SELECT AND USE LADDERS AND ELEVATED PLATFORMS
- USE HOISTING, LIFTING AND RIGGING EQUIPMENT
- SECURE LOADS FOR RIGGING REMOVAL
- USE AIR-FUEL AND OXY-FUEL EQUIPMENT TO BRAZE AND SOLDER
- USE OXY-FUEL CUTTING EQUIPMENT
- USE A GRINDER

#### **\_INE C: PERFORM ROUTINE TRADE ACTIVITIES**

- **USE DRAFTING SYMBOLS, LETTERING AND LINE CONVENTIONS**
- **CALCULATE PIPING MEASUREMENTS AND OFFSETS**
- PERFORM CONVERSIONS AND HEAT LOAD CALCULATIONS
- **CONVERT BETWEEN ORTHOGRAPHIC AND ISOMETRIC PROJECTIONS** 
  - CREATE AN ISOMETRIC DRAWING OF A BASIC ORTHOGRAPHIC PIPING ARRANGEMENT

### LINE D: PREPARE PIPING AND COMPONENTS

**PREPARE PIPE FOR JOINTING AND INSTALLATION** 

JOIN PIPING AND TUBING

□ INSTALL CARBON STEEL PIPING

SELECT FITTINGS

□ INSTALL FITTINGS

LINE O: APPLY ELECTRICAL CONCEPTS

**SOLVE SIMPLE PROBLEMS USING OHM'S AND KIRCHHOFF'S LAWS** 

Supervisor Signature

### **NOTES FROM LEVEL 1**

Note:			
Note:			

### **IMPORTANT!**

**Download the Program Outline!** 

www.itabc.ca/program/plumber

Read the competency tables Some competencies are taught in many levels For detailed information about that competency, go to the Program Outline

### THEORY

LINE B: USE TOOLS AND EQUIPMENT

DESCRIBE PRESSURE MEASURING TOOLS

INTERPRET PRESSURE READINGS

LINE C: PERFORM ROUTINE TRADE ACTIVITIES

DESCRIBE METHODS OF COMBUSTION AIR SUPPLY
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DESCRIBE DRAFT

DESCRIBE THE BUILDING AS A SYSTEM

□ IDENTIFY TYPES OF DRAWINGS

INTERPRET CODES AND STANDARDS FOR THE NATIONAL PLUMBING CODE (NPC)

INTERPRET CODES AND STANDARDS FOR THE B149.1 GAS CODE SERIES

**DESCRIBE MANUFACTURER AND SUPPLIER DOCUMENTATION** 

LINE E: INSTALL PLUMBING FIXTURES AND APPLIANCES

- DESCRIBE THE INSTALLATION OF FIXTURES AND TRIM
  - DESCRIBE THE INSTALLATION OF APPLIANCES

#### LINE H: INSTALL DRAINAGE, WASTE AND VENT (DWV)

- INTERPRET THE NATIONAL PLUMBING CODE (NPC) FOR DWV SYSTEMS
- ☐ INTERPRET CODE REQUIREMENTS FOR PARTS OF STORM DRAINAGE SYSTEMS
- **DESCRIBE THE INSTALLATION STORM DRAINAGE SYSTEMS**
- DESCRIBE THE TESTING OF SANITARY AND STORM DRAINAGE SYSTEMS

#### LINE L: INSTALL HYDRONIC SYSTEMS

EMS

- **DESCRIBE THE OPERATION OF HYDRONIC HEATING SYSTEMS**
- **DESCRIBE LOW PRESSURE STEAM PIPING SYSTEMS**
- DESCRIBE THE INSTALLATION OF HYDRONIC HEAT GENERATING SYSTEMS
- DESCRIBE THE INSTALLATION OF HYDRONIC COOLING GENERATING SYSTEMS
- DESCRIBE HYDRONIC TRANSFER UNITS
- DESCRIBE THE INSTALLATION OF HYDRONIC TRANSFER UNITS

LINE P: PLAN GAS-FIRED APPLIANCE SYSTEM INSTALLATIONS

DESCRIBE GAS-FIRED APPLIANCES

### PRACTICAL

LINE	E B: USE TOOLS AND EQUIPMENT
	USE U-TUBE MANOMETERS USE ELECTRICAL TESTING METERS TO TEST VOLTAGE, AMPERAGE RESISTANCE, AND CONTINUITY
LINE	E C: PERFORM ROUTINE TRADE ACTIVITIES
	CALCULATE AIR REQUIREMENTS AND PRODUCTS OF COMBUSTION CREATE A DRAINAGE, WASTE AND VENT (DWV) ISOMETRIC PROJECTION TO CODE REQUIREMENTS PLAN RESIDENTIAL TAKE-OFFS SOURCE MANUFACTURER DOCUMENTATION LAYOUT PIPING SYSTEMS
LINE	E H: INSTALL DRAINAGE, WASTE AND VENT (DWV)
	PLAN THE LAYOUT OF A COMMERCIAL OR INSTITUTIONAL DWV SYSTEM INSTALL PIPING AND COMPONENTS FOR INTERIOR DWV SYSTEMS PLAN THE LAYOUT OF A STORM DRAINAGE SYSTEM

LINE L: INSTALL HYDRONIC SYSTEMS

- □ CALCULATE VOLUMETRIC THERMAL EXPANSION
- □ INSTALL PIPING FOR A HYDRONIC SYSTEM

Supervisor Signature

### NOTES FROM LEVEL 2

Note:			
Note:			

### **IMPORTANT!**

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THEORY

LINE C: PERFORM ROUTINE TRADE ACTIVITIES

INTERPRET THE NATIONAL PLUMBING CODE (NPC) SECTION 6 AND RELATED APPENDIX

LINE G: INSTALL SEWERS AND SEWAGE TREATMENT SYSTEMS

DESCRIBE THE INSTALLATION OF PIPING FOR SEWERS

DESCRIBE THE INSTALLATION OF MANHOLES AND CATCH BASINS

LINE I: INSTALL WATER SERVICES AND DISTRIBUTION

	DESCRIBE SIZING FOR WATER SERVICE PIPING
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☐ DESCRIBE THE INSTALLATION WATER SERVICES

- INTERPRET THE NATIONAL PLUMBING CODE (NPC) SECTION 6, POTABLE WATER SYSTEMS
- DESCRIBE THE INSTALLATION OF PIPING FOR POTABLE WATER SERVICE AND DISTRIBUTION SYSTEMS

# LINE J: INSTALL CROSS CONNECTION CONTROL DEVICES AND ASSEMBLIES

DESCRIBE THE INSTALLATION OF CROSS CONNECTION CONTROL
DEVICES AND ASSEMBLIES

DESCRIBE THE TROUBLESHOOTING AND REPAIR OF CROSS CONNECTION CONTROL ASSEMBLIES

#### LINE L: INSTALL HYDRONIC SYSTEMS

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#### **DESCRIBE SWITCHES**

#### LINE N: INSTALL SPECIALIZED SYSTEMS

- DESCRIBE IRRIGATION, COMPRESSED AIR AND GREEN SYSTEMS
- DESCRIBE THE INSTALLATION OF PIPING FOR COMPRESSED AIR SYSTEMS
- DESCRIBE THE INSTALLATION OF EQUIPMENT FOR IRRIGATION, COMPRESSED AIR AND GREEN SYSTEMS
- DESCRIBE THE TESTING OF IRRIGATION, COMPRESSED AIR AND GREEN SYSTEMS
- L DESCRIBE THE SERVICING OF IRRIGATION, COMPRESSED AIR AND GREEN SYSTEMS
- DESCRIBE THE COMMISSIONING OF IRRIGATION, COMPRESSED AIR AND GREEN SYSTEMS

#### LINE O: APPLY ELECTRICAL CONCEPTS

- **IDENTIFY ELECTRICAL DIAGRAMS**
- ANALYZE SIMPLE CIRCUITS
- DESCRIBE APPLIANCE CIRCUITS
- DESCRIBE WIRING COMPONENTS
- **DESCRIBE CONDUCTOR INSTALLATION**
- ☐ DESCRIBE WIRE TERMINATION

#### LINE P: PLAN GAS-FIRED APPLIANCE SYSTEM INSTALLATIONS

- DESCRIBE PIPING, TUBING AND HOSES
- DESCRIBE FLAME DETECTORS
- DESCRIBE THE OPERATION OF STANDING PILOT/THERMOCOUPLE SYSTEMS
- DESCRIBE BURNERS
- **DESCRIBE THE OPERATION OF ATMOSPHERIC BURNERS**
- DESCRIBE BURNER ORIFICES

#### LINE Q: INSTALL GAS-FIRED SYSTEMS

DESCRIBE THE INSTALLATION OF PIPING, TUBING AND HOSES FOR FUEL GAS APPLICATIONS

### PRACTICAL

LINE	E C: PERFORM ROUTINE TRADE ACTIVITIES
	DESIGN DRAINAGE, WASTE AND VENT (DWV), WATER DISTRIBUTION AND FUEL GAS DISTRIBUTION SYSTEMS USE GAS REGULATIONS
LINE	G: INSTALL SEWERS AND SEWAGE TREATMENT SYSTEMS
	SIZE PIPE FOR SEWERS
LINE	E I: INSTALL WATER SERVICES AND DISTRIBUTION
	SIZE PIPE FOR POTABLE WATER SERVICE AND DISTRIBUTION SYSTEMS
	E J: INSTALL CROSS CONNECTION CONTROL DEVICES AND EMBLIES
	TEST CROSS CONNECTION CONTROL ASSEMBLIES
LINE	EL: INSTALL HYDRONIC SYSTEMS
	SIZE PIPING AND COMPONENTS FOR HYDRONIC SYSTEMS DESIGN A RESIDENTIAL HOT WATER RADIANT FLOOR HEATING SYSTEM INSTALL RELAYS
	INSTALL CONTROLS FOR HYDRONIC SYSTEMS

SKETCH A LADDER DIAGRAM

LINE P: PLAN GAS-FIRED APPLIANCE SYSTEMS INSTALLATION



Supervisor Signature

### NOTES FROM LEVEL 3

Note:		
Note:		

### **IMPORTANT!**

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THEORY

LINE C: PERFORM ROUTINE TRADE ACTIVITIES

DESCRIBE CONTRACTUAL DOCUMENTS AND RECORD MANAGEMENT

LINE E: INSTALL PLUMBING FIXTURES AND APPLIANCES

**DESCRIBE THE COMMISSIONING OF FIXTURES AND APPLIANCES** 

DESCRIBE THE SERVICING OF FIXTURES, TRIM AND APPLIANCES

LINE G: INSTALL SEWERS AND SEWAGE TREATMENT SYSTEMS

- DESCRIBE THE TESTING OF MANHOLES, CATCH BASINS AND PIPING FOR SEWERS
- DESCRIBE THE SERVICING OF MANHOLES, CATCH BASINS AND PIPING FOR SEWERS
- DESCRIBE THE INSTALLATION OF SEWAGE TREATMENT SYSTEMS AND COMPONENTS
- DESCRIBE THE TESTING OF SEWAGE TREATMENT SYSTEMS AND COMPONENTS
- DESCRIBE THE SERVICING OF SEWAGE TREATMENT SYSTEMS AND COMPONENTS

LINE H: INSTALL DRAINAGE, WASTE AND VENT (DWV)

DESCRIBE THE SERVICING OF DRAINAGE, WASTE AND VENT (DWV) SYSTEMS

#### LINE I: INSTALL WATER SERVICES AND DISTRIBUTION

- DESCRIBE THE TESTING OF WATER SERVICE AND DISTRIBUTION SYSTEMS
- DESCRIBE THE SERVICING OF WATER SERVICE AND DISTRIBUTION SYSTEMS

DESCRIBE THE COMMISSIONING OF WATER SERVICE AND DISTRIBUTION SYSTEMS

#### LINE K: INSTALL PRESSURE SYSTEMS

- DESCRIBE THE INSTALLATION OF PIPING FOR PRESSURE SYSTEMS
- DESCRIBE THE INSTALLATION OF EQUIPMENT FOR PRESSURE SYSTEMS
- ☐ DESCRIBE THE TESTING OF PRESSURE SYSTEMS
- DESCRIBE THE SERVICING OF PRESSURE SYSTEMS
- ☐ DESCRIBE THE COMMISSIONING OF PRESSURE SYSTEMS

#### LINE L: INSTALL HYDRONIC SYSTEMS

- DESCRIBE TESTING PROCEDURES FOR HYDRONIC SYSTEMS, COMPONENTS AND CONTROLS
- DESCRIBE THE SERVICING OF HYDRONIC SYSTEMS, COMPONENTS AND CONTROLS
- DESCRIBE COMMISSIONING PROCEDURES FOR HYDRONIC SYSTEMS, COMPONENTS AND CONTROLS

#### LINE M: INSTALL WATER TREATMENT EQUIPMENT

- DESCRIBE THE SIZING AND INSTALLATION OF WATER TREATMENT EQUIPMENT
- DESCRIBE THE SERVICING OF WATER TREATMENT EQUIPMENT

#### LINE N: INSTALL SPECIALIZED SYSTEMS

- DESCRIBE THE INSTALLATION OF MEDICAL GAS PIPING SYSTEMS
- **DESCRIBE PROCESS PIPING SYSTEMS**
- **DESCRIBE THE INSTALLATION OF MEDICAL GAS EQUIPMENT**

- DESCRIBE TESTING FOR MEDICAL GAS SYSTEMS
- DESCRIBE THE SERVICING OF MEDICAL GAS SYSTEMS
- DESCRIBE THE COMMISSIONING OF MEDICAL GAS SYSTEMS

### LINE O: APPLY ELECTRICAL CONCEPTS

- DESCRIBE SINGLE PHASE MOTORS
- DESCRIBE THREE PHASE MOTORS
- □ INTERPRET THE CANADIAN ELECTRICAL CODE PART 1
- □ INTERPRET THE ELECTRICAL SAFETY REGULATIONS

LINE P: PLAN GAS-FIRED APPLIANCE SYSTEM INSTALLATIONS

- DESCRIBE THE OPERATION OF GAS VALVE TRAINS FOR APPLIANCES RATED AT 400 MBH OR LESS
- DESCRIBE THE PURPOSE AND OPERATION OF GAS PRESSURE REGULATORS

### LINE Q: INSTALL GAS-FIRED SYSTEMS

- DESCRIBE MANUAL SHUT-OFF VALVES INSTALLATION
- DESCRIBE GAS PRESSURE REGULATOR INSTALLATION
- DESCRIBE INSTALLATION OF PASSIVE AIR SUPPLY SYSTEMS
- DESCRIBE TESTING AND PURGING PROCEDURES FOR PIPE UNDER 4 INCH DIAMETER

### PRACTICAL

LINE F: USE COMMUNICATION TECHNIQUES

USE MENTORING TECHNIQUES

LINE K: INSTALL PRESSURE SYSTEMS

SIZE PRESSURE SYSTEMS AND SELECT A PUMP

LINE M: INSTALL WATER TREATMENT EQUIPMENT

**TEST AND COMMISSION WATER TREATMENT EQUIPMENT** 

LINE P: PLAN GAS-FIRED APPLIANCE SYSTEM INSTALLATIONS

- SELECT VALVES
- **PLAN A RESIDENTIAL PIPING INSTALLATION**

Supervisor Signature

### NOTES FROM LEVEL 4

Note:			
Note:			

# **MISSING COMPETENCIES?**

### To develop the best journeyperson possible employers should attempt to provide training in all competencies for the trade. This is not always possible.

If your employer is unable to provide training in any competency required for your trade, note that competency below. Competencies listed here will remain unsigned until your employer can provide training in that area or until you find an alternate way to gain the experience needed.

Competency:	Date:
Reason:	
Alternate plan:	

Competency:	Date:
Reason:	
Alternate plan:	

# **TECHNICAL TRAINING**

### Instructions

Keep a record of each level of technical training completed.

### Level 1

Date Completed:	Training Provider:
Mark:	Instructor:

#### Level 2

Date Completed:	Training Provider:
Mark:	Instructor:

#### Level 3

Date Completed:	Training Provider:
Mark:	Instructor:

#### Level 4

Date Completed:	Training Provider:
Mark:	Instructor:

# **COMPLETION REQUIREMENTS**

### Instructions

Keep a record of each program completion requirement achieved.

### PLUMBER

Level 1 - Technical Training

Level 2 - Technical Training

Level 3 - Technical Training

Level 4 - Technical Training

□ 6,300 Work-Based Training Hours

□ ITA Interprovincial Red Seal examination

□ Recommendation for Certification signed by sponsor

Note: After all other completions requirements have been met, ITA sends a Recommendation for Certification form to the sponsor requesting signoff.

# CERTIFICATIONS

### Instructions

Keep a record of the credentials and endorsements you have earned, including the certification number and date of issue.

CREDENTIAL EARNED	NUMBER	DATE OF ISSUE

If you have any questions, please contact ITA Customer Service at <u>customerservice@itabc.ca</u> 778-328-8700 or toll free (within BC) at 1-800-660-6011