SKILLEDTRADES^{BC}

PROGRAM OUTLINE

Meatcutter



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MEATCUTTER PROGRAM OUTLINE

APPROVED BY INDUSTRY 2009

Developed by SkilledTradesBC Province of British Columbia



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Section 1 INTRODUCTION

Meatcutter

Introduction



Foreword

This Program Outline is intended as a guide for instructors of the SkilledTradesBC Accredited Meatcutter Apprenticeship program. Practical instruction by demonstration and student participation should be integrated with classroom sessions. Safe working practices, even though not always specified in each operation or topic, are an implied part of the program and should be stressed throughout the apprenticeship. It is the responsibility of employers to ensure safety training for the apprentices working on their worksites.

The "course content" portion of each subject is there as a guide only, and is not intended to be exhaustive.

A glossary of verbs is included at the end of the Program Outline. It is there to clarify the intent of the "objective" and "key competency" statements.

The Program Outline was prepared with the advice and assistance of industry representatives and in cooperation with SkilledTradesBC.

SAFETY ADVISORY

Be advised that references to the WorkSafe BC safety regulations contained within these materials do not/may not reflect the most recent Occupational Health and Safety Regulation (the current Standards and Regulation in BC can be obtained on the following website: http://www.worksafebc.com). Please note that it is always the responsibility of any person using these materials to inform him/herself about the Occupational Health and Safety Regulation pertaining to his/her work.

SKILLED TRADESBC

Introduction

Acknowledgements

The Program Outline was prepared with the advice and direction of an industry steering committee convened initially by go2. Members include:

- Paul Benson
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Corey Davidson of Thompson Rivers University was retained to assist in the development of a Program Outline update in 2020.

SkilledTradesBC would like to acknowledge the dedication and hard work of all the industry representatives appointed to identify the training requirements of the Meatcutter occupation.

Introduction



How to Use this Document

This Program Outline has been developed for the use of individuals from several different audiences. The table below describes how each section can be used by each intended audience.

Section	Training Providers	Employers/ Sponsors	Apprentices	Challengers
Program Credentialing Model	Communicates program length and structure, and all pathways to completion	Illustrates the length and structure of the program	Illustrates the length and structure of the program, and pathway to completion	Illustrates the challenger pathway to Certificate of Qualification
OAC	Communicates the competencies that industry has defined as representing the scope of the occupation	Displays the competencies that an apprentice is expected to demonstrate in order to achieve certification	Displays the competencies apprentices will achieve as a result of program completion	Displays the competencies challengers must demonstrate in order to challenge the program
Training Topics and Suggested Time Allocation	Shows proportionate representation of general areas of competency (GACs) at each program level, the suggested proportion of time spent on each GAC, and percentage of time spent on theory versus practical application	Shows the scope of competencies covered in the technical training, the suggested proportion of time spent on each GAC, and the percentage of that time spent on theory versus practical application	Shows the scope of competencies covered in the technical training, the suggested proportion of time spent on each GAC, and the percentage of that time spent on theory versus practical application	Shows the relative weightings of various competencies of the occupation on which assessment is based
Program Content	Defines the objectives, learning tasks, high level content that must be covered for each competency, as well as defining observable, measureable achievement criteria for objectives with a practical component	Identifies detailed program content and performance expectations for competencies with a practical component; may be used as a checklist prior to signing a recommendation for certification (RFC) for an apprentice	Provides detailed information on program content and performance expectations for demonstrating competency	Allows individual to check program content areas against their own knowledge and performance expectations against their own skill levels
Training Provider Standards	Defines the facility requirements, tools and equipment, reference materials (if any) and instructor requirements for the program	Identifies the tools and equipment an apprentice is expected to have access to; which are supplied by the training provider and which the student is expected to own	Provides information on the training facility, tools and equipment provided by the school and the student, reference materials they may be expected to acquire, and minimum qualification levels of program instructors	Identifies the tools and equipment a tradesperson is expected to be competent in using or operating; which may be used or provided in a practical assessment



Introduction

Section	Training Providers	Employers/ Sponsors	Apprentices	Challengers
Appendix – Glossary of Acronyms			Defines program specific acronyms	



Section 2 PROGRAM OVERVIEW

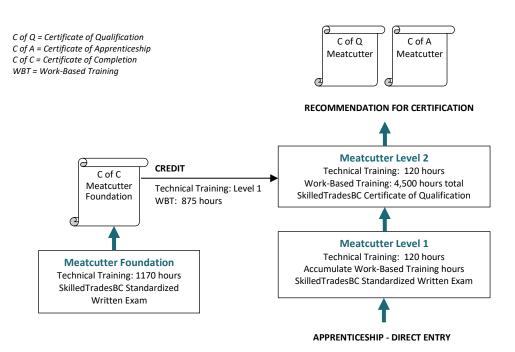
Meatcutter



Program Credentialing Model

Apprenticeship Pathway

This graphic provides an overview of the Meatcutter apprenticeship pathways.



CROSS-PROGRAM CREDITS

Individuals who hold the credentials below are entitled to receive partial credit toward the completion requirements of this program

None



Occupational Analysis Chart

MEATCUTTER

Occupation Description: Meatcutter means a person who breaks down carcasses, cuts meat to industry specification using hand and power tools in a safe and sanitary manner, and/or has a basic understanding of handling meat carcasses. A Meatcutter also orders, handles and prepares for sale a variety of seafood products, manufacturers prepared meat products, and handles cured meat products for sale. A Meatcutter also has a knowledge of ordering and inventory control and of human and customer relations.

OCCUPATIONAL SKILLS	Trade Knowledge	Safety Standards	Sanitary Standards	Tools and Equipment	Ordering and Inventory	Trade Math and Cost Controls
A	1 A1	A2	A3	A4	A5	A6
	Customer Relations	Human Resource and Leadership Skills	Retail Merchandizing			
	A7	A8	A9 1 2 A9			
HANDLING MEAT, POULTRY AND, SEAFOOD	Meat Science and Nutrition	Inspection and Grading	Handling and Storage	Cutting Procedures	Cooking Potential	
В	B1 2 B1	B2 1 2 B2	B3 1 2 B3	B4	B5 1 2 B5	
BEEF	Carcass Breaking	Cuts of Beef				
С	C1 1	C2 1 2				
VEAL D	Carcass Breaking D1	Cuts of Veal D2 1 2				



Program Overview

PORK	Carcass Breaking	Cuts of Pork	
	E.	To Do	
Е	1 E1	E2 1 2	
LAMB	Carcass Breaking	Cuts of Lamb	
F	F1	F2	
	1	1 2	
POULTRY	Cuts of Poultry		
G	1 2 G1		
SEAFOOD AND FRESHWATER FISH	Identification	Cutting Procedure	Cuts of Fish
SEAFOOD AND FRESHWATER FISH	Identification	Cutting Procedure	Cuts of Fish
SEAFOOD AND FRESHWATER FISH H	H1	H2	НЗ
FRESHWATER FISH	H1 1		
FRESHWATER FISH	H1	H2	НЗ
FRESHWATER FISH H	H1 1 Cuts of Game	H2	НЗ
FRESHWATER FISH	H1 1	H2	НЗ
FRESHWATER FISH H	H1	H2	НЗ
FRESHWATER FISH H GAME	H1 1 Cuts of Game	H2	НЗ

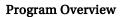


Training Topics and Suggested Time Allocation

MEATCUTTER – LEVEL 1

% of Time Allocated to:

		% of Time	Theory	Practical	Total
Line A	OCCUPATIONAL SKILLS	20%	60%	40%	100%
A1	Trade Knowledge		\checkmark	✓	
A2	Safety Standards		\checkmark	✓	
A3	Sanitary Standards		\checkmark	✓	
A4	Tools and Equipment		\checkmark	✓	
A5	Ordering and Inventory		\checkmark	✓	
A6	Trade Math and Cost Controls		\checkmark	\checkmark	
A9	Retail Merchandizing		✓	✓	
Line B	HANDLNG, MEAT, POULTRY AND SEAFOOD	20%	70%	30%	100%
B1	Meat Science and Nutrition		\checkmark		
B2	Inspection and Grading		\checkmark	✓	
B3	Handling and Storage		\checkmark	✓	
B4	Cutting Procedures		\checkmark	✓	
B5	Cooking Potential		✓		
Line C	BEEF	25%	30%	70%	100%
C1	Carcass Breaking		✓	✓	
C2	Cuts of Beef		✓	✓	
Line D	VEAL	5%	30%	70%	100%
D1	Carcass Breaking		\checkmark	✓	
D2	Cuts of Veal		✓	✓	
Line E	PORK	15%	30%	70%	100%
E1	Carcass Breaking		✓	✓	
E2	Cuts of Pork		✓	✓	
Line F	LAMB	5%	30%	70%	100%
F1	Carcass Breaking		✓	✓	
F2	Cuts of Lamb		✓	✓	
Line G	POULTRY	5%	30%	70%	100%
G1	Cuts of Poultry		✓	✓	
Line H	SEAFOOD AND FRESHWATER FISH	5%	50%	50%	100%
H1	Identification		✓	✓	
H2	Cutting Procedures		\checkmark	✓	
НЗ	Cuts of Fish		✓	✓	
	Total Percentage for Meatcutter Level 1	100%			





Training Topics and Suggested Time Allocation

MEATCUTTER - LEVEL 2

% of Time Allocated to:

		% of Time	Theory	Practical	Total
Line A	OCCUPATIONAL SKILLS	20%	25%	75%	100%
A5	Ordering and Inventory		✓	✓	
A6	Trade Math and Cost Controls		\checkmark	\checkmark	
A7	Customer Relations		\checkmark	\checkmark	
A8	Human Resource and Leadership Skills		\checkmark	\checkmark	
A9	Retail Merchandizing		✓	✓	
Line B	HANDLNG, MEAT, POULTRY AND SEAFOOD	15%	25%	75%	100%
B1	Meat Science and Nutrition		\checkmark		
B2	Inspection and Grading		\checkmark	✓	
B3	Handling and Storage		\checkmark	✓	
B5	Cooking Potential		✓		
Line C	BEEF	20%	20%	80%	100%
C2	Cuts of Beef		✓	✓	
Line D	VEAL	5%	20%	80%	100%
D2	Cuts of Veal		✓	✓	
Line E	PORK	10%	20%	80%	100%
E2	Cuts of Pork		✓	✓	
Line F	LAMB	5%	20%	80%	100%
F2	Cuts of Lamb		✓	✓	
Line G	POULTRY	5%	20%	80%	100%
G1	Cuts of Poultry		✓	✓	
Line H	SEAFOOD AND FRESHWATER FISH	5%	20%	80%	100%
НЗ	Cuts of Fish		✓	✓	
Line I	GAME	5%	50%	50%	100%
I1	Cuts of Game		✓	✓	
Line J	PROCESSED PRODUCTS	10%	50%	50%	100%
J1	Fresh Sausage and Ready to Serve Products		✓	✓	
	Total Percentage for Meatcutter Level 2	100%			



Section 3 PROGRAM CONTENT

Meatcutter



Level 1 Meatcutter



Line (GAC): A OCCUPATIONAL SKILLS

Competency: A1 Trade Knowledge

Objectives

To be competent in this area, the individual must be able to:

- Describe personal attributes and professionalism in the workplace.
- Describe roles and responsibilities in the workplace.
- Describe meatcutting occupations and necessary skill diversity.
- Describe meatcutting training programs and certification pathways.

LEARNING TASKS	
LEVINING IVOVO	

1. Describe personal attributes and professionalism in the workplace

- Work well with superiors
 - Ability to follow directions
 - Ability to act independently, when appropriate
- Work well with colleagues
- Good interpersonal skills
 - Act as a contributing member of the staff team
- Professionalism
- Reliability

CONTENT

- Personal initiative
 - Accept responsibility for the actions and decisions of the staff team
- Time management
- Job satisfaction
- Apprentice's role
- Supervisor's role
- Employee attendance and punctuality
- Employee evaluation
- Meatcutting occupations
- Career ladder
- Skill levels
- Roles and responsibilities of various occupation
- 4. Describe meatcutting training programs and certification pathways

Describe roles and responsibilities in the

Describe meatcutting occupations and necessary

- Educational requirements of various occupations
- Apprenticeship
 - Obtaining a Certificate of Qualification
- Industry Associations

Achievement Criteria

workplace

skill diversity

2.

3.

Performance The learner will demonstrate an ability to work as part of a team in a retail meat shop as

described.

Conditions Behaviour will be observed and assessed by the instructor.

Criteria • Safety

Professionalism



Line (GAC): A OCCUPATIONAL SKILLS

Competency: A2 Safety Standards

Objectives

To be competent in this area, the individual must be able to:

- Describe workplace hazards (WHMIS) (prerequisite).
- Describe general safety and lifting practices.
- Describe shop safety and lockout practices.
- Describe basic first aid procedures.
- Describe basic fire and emergency procedures and regulations.
- Describe the use of personal safety equipment.

Describe general safety and lifting practices

Describe WorkSafeBC regulations in the workplace.

LEARNING TASKS

2.

Describe workplace hazards (WHMIS) (prerequisite)

CONTENT

- Workplace Hazardous Materials Information System (WHMIS)
 - Overview
 - Employer is to provide training
- Define WHMIS
 - o Regulations
 - o Goals
 - Objectives
- Identify hazard labels
- Types of hazard labels
- Explain material safety data sheet
- Material safety data sheet
- Types of accidents and their causes
 - Cuts
 - o Falls
 - o Strains
 - o Explain the term "ergonomic"
- Explain Carpal Tunnel Syndrome
- Identify safe ergonomic practices
- Lifting
- Demonstrate the correct posture for lifting
- Explain reasons for not lifting things correctly
- Correctly lift items found in a retail meat shop
- Safety practices for the meat shop
 - Work safely
 - Equipment
 - Sharp utensils
 - o Keep floors safe
 - Store supplies safely
 - Dispose of refuse properly

Describe shop safety and lockout practices



4.

6.

Program Content Level 1

LEARNING TASKS

CONTENT

- Explain what lock-out means
- Demonstrate several ways to lock-out equipment
- Equipment safety
 - O Ventilation systems
 - Emergency shutdown systems
 - Guards and barriers
- Utilities
 - Electrical
 - Water supply
 - Gas supply
 - o Other services
- First aid procedures
 - Emergency eye wash or shower locations
 - Cuts and burns
 - Slips and falls
 - Strains and sprains
 - Stab wounds and severed parts
- 5. Describe basic fire and emergency procedures and regulations

Describe basic first aid procedures

- Identify fire exits
- Explain procedures for a fire drill
- Components that produce fire
 - o Fuel
 - Heat
 - Oxygen
- Identify classes of fires and types of extinguishers
- Fire safety precautions for working near, handling or storing
 - o Flammable liquids or gases
 - Paper and wood products
 - Oily cloths
- Describe the use of personal safety equipment

 Explain the rationale for the use of personal safety equipment
 - List personal safety equipment
 - Hard hats
 - o Apron
 - o Gloves
 - o Footwear
- 7. Describe WorkSafeBC regulations in the workplace
- Purpose
- Compensation and benefits
 - Workers who are covered
 - Workers who are not covered
 - Compensated injuries and job-related illness
 - Circumstances for compensation
 - Benefits
- Responsibilities
 - Employer
 - **Employee**



LEARNING TASKS

CONTENT

- Industrial health and safety committees
- Contravention of regulations
- Reporting accidents

Achievement Criteria

Performance The learner will apply safety standards as described.

Conditions Behaviour will be observed and assessed by the instructor.

Criteria • Safety

Professionalism



OCCUPATIONAL SKILLS Line (GAC): Α

Competency: **A3** Sanitary Standards

Objectives

To be competent in this area, the individual must be able to:

- Describe food safety procedures (FoodSafe Level 1 prerequisite).
- Describe the principles of Hazard Analysis-Critical Control Points (HACCP).
- Describe temperature control procedures and protocols.
- Describe the procedures to maintain workplace sanitation.
- Describe the procedures to maintain personal hygiene.

LEARNING TASKS

- Describe food safety procedures (FOODSAFE Level 1 prerequisite)

CONTENT

- Obtain the FOODSAFE Level 1 certification (prerequisite to entering program)
 - Proof of completion required
- List five things bacteria need to survive
 - Moisture
 - Food
 - pH level (medium)
 - Air
 - Temperature
- Explain the time and temperature relation of bacteria growth
- Explain the difference between aerobic and anaerobic bacteria
- Explain the difference between infection and intoxication food borne illnesses
- Identify major sources of food borne illness
- Identify the characteristics of various food borne illnesses
 - Salmonella
 - **Botulism**
 - Staphylococcus
 - E-Coli
 - Listeria Monocytogens
- **Definitions**
- Control points
- Food poisoning myths
- The danger zone
- List correct temperature ranges
 - Cooler / hanging & boxed meat
 - Freezer 0
 - Deli case 0
 - Freezer display case
 - Fresh display case
- Define the effects of various temperatures on meat products

3. Describe temperature control procedures and protocols



LEARNING TASKS

sanitation

hygiene

CONTENT

- o Humidity
- o Spoilage
- Sweating
- o Freezer burn
- Explain the temperature meat freezes at
- Explain the effects of temperature on bacteria growth
- Explain the five-step cleaning process
 - Scrape
 - Wash
 - Rinse
 - Sanitize
 - Elevate & air-dry cutting surfaces
- Explain the difference between sanitizers and detergents
- List proper water temperature for washing
- Clean equipment
- State the health regulations as laid out by the health board
- Describe the importance of good personal hygiene
- State personal grooming habits
 - o Hair / hair nets
 - Clothing
 - O Hands / disposable gloves
- List common food borne illnesses carried by humans
- Explain the role of the food handler in the cycle of transmission of food borne illnesses

Achievement Criteria

Performance

The learner will exercise safe food handling procedures at an acceptable industry standard.

Conditions

Behaviour will be observed and assessed by the instructor.

Criteria

- Safety
- Procedure

Describe the procedures to maintain workplace

Describe the procedures to maintain personal



Line (GAC): A OCCUPATIONAL SKILLS

Competency: A4 Tools and Equipment

Objectives

To be competent in this area, the individual must be able to:

- Identify knives and common types of hand tools and their uses.
- Describe the maintenance and safety precautions of knives and hand tools.
- Identify common types of power tools and equipment.
- Demonstrate the correct use and maintenance of common types of power tools and equipment.

LEARNING TASKS

Identify knives and common types of hand tools and their uses

Describe the maintenance and safety precautions

of knives and hand tools

CONTENT

- Identify different knife types
 - Straight bladed knives
 - o Curved bladed knives
 - o Flexible
 - Semi-flexible
 - o Rigid
 - Boning and steak knives
- Identify hand tools
 - Steel
 - o Block scraper
 - o Meat scraper
 - o Needle
 - o Handsaw
- Describe use of hand tools
- Select correct hand tools for the job
- Demonstrate correct safety procedure for handling hand tools
- Demonstrate cleaning requirements for hand tools
- Maintenance
 - General guidelines
 - General safety precautions
 - Specific maintenance and safety precautions for knives
- Cleaning and sharpening knives
- List various sharpening tools
- Demonstrate use of sharpening tools
 - Stones (oil, water & dry types)
 - Steel
 - Mechanical Grinding types
- Explain safety rules in using sharpening tools

2.



LEARNING TASKS

3. Identify common types power tools and equipment

4. Demonstrate the correct use and maintenance of common types of power tools and equipment

CONTENT

- Sharpen knives correctly
- Describe safety factors when sharpening knives
- Explain the correct angle for sharpening knife
- Explain the factors that determine the quality of knife
- Identify power tools
 - o Band saw
 - o Grinder & mixer grinders
 - o Tenderizer
 - o Slicer
 - o Vacuum tumblers
 - o Belt sander / Mechanical sharpeners
- Describe use of power tools
- Describe care and maintenance of power equipment
- Describe lock-out procedures
- Disassemble and assemble power equipment
 - o Band saw
 - Grinder
 - Tenderizer
 - o Slicer
 - o Belt sander
- Explain safety concerns
- Demonstrate care and maintenance of power equipment
 - o Replacing guide
 - o Oil and lubricating parts
 - o Tighten moving parts
 - o Sharpen blades
 - o Replacing blades
 - Replacing roller bearings



Performance

The learner will demonstrate the correct use and maintenance of common hand and power

tools.

Conditions

Behaviour will be observed and assessed by the instructor.

Criteria

- Safety
- Tool use
- Procedure



Line (GAC): A OCCUPATIONAL SKILLS

Competency: A5 Ordering and Inventory

Objectives

To be competent in this area, the individual must be able to:

- Describe receiving procedures.
- Identify storage temperatures and procedures.
- Describe the principles of reducing waste, re-using, and recycling materials.
- Describe basic ordering procedures.

LEARNING TASKS

- 1. Describe receiving procedures
- 2. Identify storage temperatures and procedures

3. Describe the principles of reducing waste, reusing, and recycling materials

4. Describe basic ordering procedures

CONTENT

- Interpret invoices/purchasing orders
- Receiving practices
- Identify correct storage temperature
 - Coolers
 - Freezers
- Identify correct storage procedure
 - Check temperature
 - o Dates
 - o Product rotation
- Demonstrate rotation of product
 - First in first out
 - Code dates
- Explain the importance of correct temperature
 - o Cooler
 - Freezer
- Types of waste
- Correct protocols
- Materials needing separate disposal
- Usage and waste management
 - Reduce
 - o Re-use
- Recycle
- Explain the usage of tonnage control sheet
- Explain the importance of keeping records
- List various suppliers of product, including phone number and contact
- Determine factors that will affect sales
 - o Holidays
 - o Weather
 - o Time of Year



Criteria

Program Content Level 1

Achievement Criteria

Performance The learner will demonstrate the correct use of receiving and storage procedures.

Conditions Behaviour will be observed and assessed by the instructor.

Safety

Procedure



Line (GAC): A OCCUPATIONAL SKILLS
Competency: A6 Trade Math and Cost Controls

Objectives

To be competent in this area, the individual must be able to:

- Perform basic trade mathematics.
- Convert weights and prices between the Metric and Imperial / US systems.

LEARNING TASKS

- 1. Perform basic trade mathematics
- 2. Convert weights and prices between the Metric and Imperial / US systems

CONTENT

- Conversion formulas
 - o Weight
 - Volume
 - Temperature
- Units of measurement
 - Metric system
 - Types, units and symbols
 - Length (distance)
 - Mass (weight)
 - Capacity (volume)
 - Temperature
 - Converting within the Metric system
 - o Imperial / US system
 - Types, units and symbols
 - Weight
 - Volume
 - Length
 - Converting between units in the Imperial / US system
 - Converting between Metric and Imperial / US measurement systems
- Conversion factor method
 - Determining conversion factors
 - Using conversion factors
 - Converting between price per lb/kg/100g
- Types of measurements used in the meat shop
 - Number or count



LEARNING TASKS

CONTENT

o Price

o Volume

Weight

Achievement Criteria

Performance The learner will demonstrate the correct use of basic trade mathematics.

Conditions Behaviour will be observed and assessed by the instructor.

Criteria • Procedure



Line (GAC): A OCCUPATIONAL SKILLS

Competency: A9 Retail Merchandizing

Objectives

To be competent in this area, the individual must be able to:

- Describe retail packaging procedures.
- Describe product labelling procedures and regulations.

LEARNING TASKS

Describe retail packaging procedures

Describe product labelling procedures and

CONTENT

- Identify tray sizes
- Explain use of colour trays
 - o White
 - o Blue
 - o Black
 - Yellow
- Determine tray size
- Counter requirements
- Product requirements
- Differentiate between various wrapping materials
 - Permeable
 - o Non-permeable
- Identify best wrapping materials for various products
- Define what tare is
 - o Dry tare
 - Set scale to remove tare
- Explain the advantages of Cry-o-Vac and vacuum packed meat products
- Use both a manual and automatic wrapping machine
- CFIA nomenclature
- List labelling requirements
 - o Date
 - o Address and company name
 - Common name
 - o Net weight
- Describe modifiers
 - Descriptive modifiers
 - Non-descriptive modifiers
- Use weigh scale
 - o Manual scale
 - Automatic scale

2.

regulations



Achievement Criteria

Performance

The learner will follow packaging procedures as described:

• Perform packaging and labelling procedures

Conditions Criteria Behaviour will be observed and assessed by the instructor.

- Work area correctly prepared
- Correct tools selected
- Work area kept clean during cutting
- Work area cleaned and sanitized after cutting
- Safe practices observed throughout
- Production time was within industry expectations



Line (GAC): В HANDLING MEAT, POULTRY, AND SEAFOOD

Meat Science and Nutrition Competency: **B**1

Objectives

To be competent in this area, the individual must be able to:

- Describe the characteristics of meat.
- Describe the aging, blooming, and tenderness factors of meat.
- Describe the nutritional elements of meat (basic).
- Describe diseases associated with meat (basic).
- Describe allergies and sensitivities associated with meat.

LEARNING TASKS

factors of meat

CONTENT

Describe the characteristics of meat

Structure

0

- Muscle 0 Cartilage
- Bone
- Blood and lymph
- Water 0
- **Proteins**
- Fat
- Carbohydrates
- Composition of muscle tissue
- Muscle contraction
- Describe the aging, blooming, and tenderness Explain aging factors
 - 0 Time
 - 0 Humidity
 - pH change
 - Rigor mortis process
 - Explain meat blooming process
 - Oxymygoblin
 - Metmyglobin
 - Explain tenderness factors
 - Sex 0
 - 0 Age
 - Muscle location
 - Explain species meat colour
- 3. Describe the nutritional elements of meat (basic)
- Types of nutrients
 - Protein
 - Carbohydrate 0
 - **Fats** 0
 - Vitamins and minerals



LEARNING TASKS

- 4. Describe diseases associated with meat (basic)
- 5. Describe allergies and sensitivities associated with meat

CONTENT

- Common diseases associated with meat
- Types of diseases
- Allergies
- Allergic reactions
- Highly allergic substances
- Food sensitivity modified diets
- Product label information



Line (GAC): B HANDLING MEAT, POULTRY AND SEAFOOD

Competency: B2 Inspection and Grading

Objectives

To be competent in this area, the individual must be able to:

- Identify meat inspection levels and agencies.
- Define the meat inspection process.
- Describe grading regulations for meat.
- Describe meat grading categories and factors.
- Describe grading regulations for poultry.
- Describe grading categories and factors for poultry.

LEARNING TASKS

1. Identify meat inspection levels and agencies

2. Define the meat inspection process

3. Describe grading regulations for meat

CONTENT

- Identify the agency responsible for the inspection of animals in Canada
- Explain the types of inspection
 - Federal
 - o Provincial
- Explain what the inspection stamp indicates
- Explain the three stages of the inspection process
 - o Anti Mortem Inspection
 - Post Mortem Inspection
 - o Laboratory Inspection
- Primary Product Inspector (PPI)
 - Explain the role of the PPI Inspector
- Beef
 - o How grades are defined
- Veal
 - o Explain the difference between veal and beef
 - o Identify veal grade stamp shape
- Pork
 - Explain pork indexing system
 - Electronic probe
 - Meat / fat yield
 - o Weight
- Lamb
 - Define spring lamb
 - Breaker joint
- Explain lamb indexing

08/20



LEARNING TASKS

CONTENT

- Electronically probed
- o Estimated meat yield

- 4. Describe meat grading categories and factors
- Beef
 - Define Grades
 - A Grades
 - B Grades
 - D Grades
 - E Grades
 - o Define meat yields
 - Canada 1,2,3
 - o Explain grading factors
 - Age
 - Colour of meat
 - Conformation
 - Fat covering
 - Fat thickness
 - o Explain grading ruler
 - Fat thickness
 - Meat yield
- Veal
 - o Explain veal classifications
 - Canada A1,2,3,4
 - Canada B1,2,3,4,
 - Canada C1,2
 - $\circ \quad \text{List grading indicators} \\$
 - Weight
 - Flesh colour (need access to color chart)
 - Kidney fat
 - Muscling
- Pork
 - o List pork grades
 - Index
 - Canada emaciated
 - Canada ridge ling
 - Canada sow 1, 2, 3, 4, 5, 6, 7
 - · Canada Stag
 - Canada Boar
- Lamb
 - o List lamb classifications
 - Age / sex
 - Weight



LEARNING TASKS

CONTENT

- Meat colour
- Lean content
- Meat yield
- Conformation
- Indicate conformation sites
 - Leg
 - Hip back
 - Shoulder
- Explain conformation rating scale

- 5. Describe grading regulations for poultry
- Explain grading criteria
 - Conformation
 - > Fleshing
 - Fat cover
 - Bones
 - o Dressing

- 6. Describe grading categories and factors for poultry
- Define poultry grades
 - Canada A
 - Utility
 - o Canada C

Achievement Criteria

Performance The learner will explain the inspection and grading of meat and poultry.

Conditions To be observed and assessed by the instructor.

Criteria Adherence to Canadian Food Inspection Agency regulations.



Line (GAC): B HANDLING MEAT, POULTRY, AND SEAFOOD

Competency: B3 Handling and Storage

Objectives

To be competent in this area, the individual must be able to:

- Identify correct meat handling and storage procedures.
- Identify correct poultry handling and storage procedures.
- · Identify correct seafood handling and storage procedures.

LEARNING TASKS

Identify correct meat handling and storage procedures

- Lift carcass correctly
 - o Beef
 - Lifting hind quarter
 - Lifting front quarter
 - o Veal
 - o Pork
 - o Lamb
- Place carcasses on correct hooks
 - Short roller hooks
 - Long roller hooks
- Weigh product to confirm weight on invoice
 - o Metric
 - Imperial
- Determine quality of product
 - o Grade
 - o Visual inspection
 - o Sex determination
- Determine correct storage location
- Demonstrate rotation of product
 - First in first out
 - Code dates
- Explain shrinkage factors
 - Temperature
 - Humidity
 - Air movement
- Transportation factors
- Explain the importance of correct temperature
 - Cooler
 - o Freezer
- Apply fresh ice to bulk poultry
 - Explain the importance of icing poultry



LEARNING TASKS

procedures

Identify correct seafood storage and handling

- Most poultry now comes air cooled for sanitation reasons
- Explain what food-borne illness is most common with poultry
- Weigh product to confirm weight on invoice
 - o Metric
 - Imperial
- Determine correct storage location
 - Rotate product
 - First in, first out
- Determine quality of product
 - o Grade
 - Visual inspection
- Explain the importance of correct temperature
 - o Cooler
 - Freezer
- State importance of strictest hygiene factors
 - Explain the importance of reicing
- Weigh product to confirm weight on invoice
 - o Metric
 - Imperial
- Determine correct storage location
 - Rotate product
 - First in, first out
- Determine quality of product
- Explain the importance of correct temperature
 - o Freezers
 - o Coolers
 - Display cases
- Cross contamination with other products and species
- Explain cross contamination
 - Fresh to smoked
 - Fish to red meats and poultry
- Seafood bacteria and sanitation controls
- Seafood bacteria
 - Listeria Monocytogens
 - Salmonella



LEARNING TASKS

CONTENT

Botulism

Achievement Criteria

Performance The learner will explain handling and storage of meat, poultry, and seafood.

Conditions To be observed and assessed by the instructor.

Criteria • Safety

Procedure



Line (GAC): B HANDLING MEAT, POULTRY, AND SEAFOOD

Competency: B4 Cutting Procedures

Objectives

To be competent in this area, the individual must be able to:

- Perform correct de-boning procedures.
- · Perform correct trimming procedures.
- Perform correct portioning procedures.
- Perform correct tying and wrapping procedures.

LEARNING TASKS

Perform correct de-boning procedures

2. Perform correct trimming procedures

3. Perform correct portioning procedures

4. Perform correct tying and wrapping procedures

- Identify correct cutting procedures
- Determine separation points
- Identify correct cut order
- Use correct tools
- Identify correct storage procedure
 - Bones
 - o Trim
 - Finished product
- Amount of trim appropriate
- Identify suitable trim for ground or processed products
- Scrape all cut surfaces
- Select correct size tray
- Cutting test for value added products
- Correct tools selected
- General cutting procedures accurately followed
 - o Portion accuracy
 - Amount of trim appropriate and product appearance neat and attractive
- Identify correct storage procedure
 - Select correct size tray
 - Follow wrapping and labelling procedures
 - Finished product stored in the correct location
- Identify correct rolling procedure
- Identify correct tying procedure
 - Materials
 - Knot types



LEARNING TASKS

and poultry

CONTENT

- o Less damage to hands
- Less damage to product
- Identify correct wrapping procedure
- Work area correctly prepared
- Correct tools selected
- Work area kept clean during cutting
- Work area cleaned and sanitized after cutting
- Safe practices observed throughout
- Production time was within industry expectations

Achievement Criteria

Performance The learner will perform correct cutting, trimming, and portioning procedures.

Conditions • Given a workstation, proper tools and equipment

To be observed and assessed by the instructor

Criteria • Safety

Procedure

Cutting, trimming, and portioning cuts of meat



Line (GAC): B HANDLING MEAT, POULTRY, AND SEAFOOD

Competency: B5 Cooking Potential

Objectives

To be competent in this area, the individual must be able to:

- Identify tenderness factors associated with meat and poultry.
- Identify cooking methods used for meat, poultry and seafood.

LEARNING TASKS

- Identify tenderness factors associated with meat and poultry
- Identify cooking methods used for meat, poultry and seafood

- Muscle location
- Age of the animal
- Tenderness chart
- Muscle fibres
- Fat content
- Dry-heat methods
 - Baking
 - Roasting
 - o Pan-frying
 - o Stir-frying
 - o Broiling
 - o Grilling
 - o Deep-frying
- Moist-heat methods
 - Boiling or simmering
 - Poaching
 - Steaming
- Combination heat methods
 - o Braising
 - Stewing



Line (GAC): C BEEF

Competency: C1 Carcass Breaking

Objectives

To be competent in this area, the individual must be able to:

- Identify primal cuts of beef.
- Break beef into primal cuts.
- Identify sub-primal cuts of beef.
- Cut beef into sub-primal cuts.
- Cut and process beef sub-primals.

LEARNING TASKS

1. Identify primal cuts of beef

2. Break beef into primal cuts

3. Identify sub-primal cuts of beef

- Hind Quarter
 - o Hip
 - Long loin
 - o Sirloin tip
 - o Flank
- Front Quarter
 - Square cut chuck
 - o Rib section
 - o Fore shank
 - Full brisket
- Identify correct breaking procedure
- Demonstrate break points
 - o Hind Quarter
 - Hip
 - Long loin
 - Sirloin tip
 - Flank
 - Front Quarter
 - Square cut chuck
 - Rib section
 - Fore shank
 - Full brisket
- Identify correct order of cuts
- Use correct tools
- Identify correct storage procedure
- Identify hip sub-primals
 - o Rump
 - o Heel
 - o Shank
 - Inside round
 - Outside round



LEARNING TASKS

4. Cut beef into sub-primal cuts

5. Cut and process beef sub-primals

6. Breaking down a side of beef

- Identify long loin sub-primals
 - o Sirloin butt
 - o Short loin
 - Strip loin
 - o Tenderloin
- Identify square cut chuck sub-primals
 - o Shoulder arm
 - o Blade
 - o Cross rib
 - o Neck
- Identify rib sub-primals
 - 7-bone rib
 - Short ribs
- · Identify brisket sub-primals
 - o Brisket point
 - Brisket plate
- Cut hip sub-primals
- Cut long loin sub-primals
- Cut sirloin tip
- Cut square cut chuck sub-primals
- Cut rib sub-primals
- Cut brisket sub-primals
- Cut fore shank
- Cut square cut chuck retail cuts
- Cut rib retail cuts
- Cut brisket retail cuts
- Cut fore shank retail cuts
- Process trim cuts
 - o Stew
 - o Ground beef
- Identify correct fat / meat ratio
 - o Regular ground beef
 - o Medium ground beef
 - Lean ground beef
 - Extra lean ground beef
- Cut flank retail cuts
- Cut hip retail cuts
- Cut sirloin tip retail cuts
- Cut long loin retail cuts
- Work area correctly prepared
- Correct tools selected



LEARNING TASKS

CONTENT

- Work area kept clean during cutting
- Work area cleaned and sanitized after cutting
- Safe practices observed throughout
- Production time was within industry expectations

Achievement Criteria

Performance 7

The learner will correctly break down a side of beef into primals and sub-primals.

Conditions

- Given a workstation, proper tools and equipment
- To be observed and assessed by the instructor

Criteria

- Safety
- Procedure
- Quality of final product



Line (GAC): C BEEF

Competency: C2 Cuts of Beef

Objectives

To be competent in this area, the individual must be able to:

- Describe wholesale and boxed cuts of beef.
- Describe retail cuts of beef.
- Describe beef variety meats and offal.

LEARNING TASKS

1. Describe wholesale and boxed cuts of beef

2. Describe retail cuts of beef

3. Describe beef variety meats and offal

CONTENT

- Common wholesale market forms
- Side
- Front Quarter
 - o Block ready cuts
- Hind Quarter
 - Block ready cuts
- Identify square cut chuck retail cuts
- Identify rib retail cuts
- Identify full brisket retail cuts
- Identify fore shank retail cuts
- Identify trim cuts
- Identify flank retail cuts
- Identity hip retail cuts
- Identify sirloin tip retail cuts
- Identify long loin retail cuts
- Oxtail
- Heart
- Tongue
- Kidney
- Liver
- Tripe

Achievement Criteria

Performance The learner will identify all beef retail cuts.

Conditions To be observed and assessed by the instructor.

Criteria • Procedure



Line (GAC): D VEAL

Competency: D1 Carcass Breaking

Objectives

To be competent in this area, the individual must be able to:

- Identify primal cuts of veal.
- Break veal into primal cuts.
- Identify sub-primal cuts of veal.
- Break veal into sub-primal cuts.
- Cut and process veal sub-primals.

LEARNING TASKS

1. Identify primal cuts of veal

2. Break veal into primal cuts

- Identify veal primals light
 - o Leg
 - o Loin
 - o Flank
 - o Shoulder
 - Fore shank
 - o Breast
- Identify veal primals heavy
 - o Hip
 - o Sirloin tip
 - o Flank
 - o Long Loin
 - o Shoulder
 - o Fore shank
 - Breast
- Identify correct breaking procedure
- Demonstrate break points
- Break light veal into primals
 - o Leg
 - o Loin
 - o Flank
 - o Shoulder
 - Fore shank
 - o Breast
- Break heavy veal into primals
 - o Hip
 - Sirloin tip
 - o Flank
 - o Long Loin
 - Shoulder



3.

Program Content Level 1

LEARNING TASKS

Identify sub-primal cuts of veal

Break veal into sub-primal cuts

Cut and process veal sub-primals

CONTENT

- o Fore shank
- Breast
- Identify correct order of cuts
- Use correct tools
- Identify correct storage procedure
- Identify leg sub-primals
 - o Sirloin
 - o Shank
 - Round
- Identify hip sub-primals
 - o Shank
 - o Heel
 - o Round
 - o Rump
- Identify light veal loin sub-primals
 - o Loin
 - Rib
- Identify heavy veal loin sub-primals
 - o Sirloin
 - o Loin
 - o Rib
- Identify veal shoulder sub-primals
 - Shoulder blade portion
 - Shoulder arm portion
- Cut leg sub-primals
- Cut hip sub-primals
- Cut light veal loin sub-primals
- Cut heavy veal loin sub-primals
- Cut veal shoulder sub-primals
- Cut hip retail cuts
- Cut loin retail cuts
- Cut sirloin tip retail cuts
- Cut veal front retail cuts

Achievement Criteria

Performance Conditions The learner will correctly break down a side of veal into primals and sub-primals. To be observed and assessed by the instructor.

Criteria

5.

- Work area correctly prepared
- Correct tools selected
- Work area kept clean during cutting
- Work area cleaned and sanitized after cutting
- Safe practices observed throughout
- Production time was within industry expectations



Line (GAC): D **VEAL**

D2Cuts of Veal Competency:

Objectives

2.

To be competent in this area, the individual must be able to:

- Describe wholesale and boxed cuts of veal.
- Describe retail cuts of veal.

LEARNING TASKS

Describe wholesale and boxed cuts of veal

Common wholesale market forms

Side

CONTENT

Front 0

Whole loin

Flank

Leg

Block ready cuts

Identify hip retail cuts

Identify loin retail cuts

Identify sirloin tip retail cuts

Identify shoulder retail cuts

Identify veal front retail cuts

Identify veal trim retail cuts

Achievement Criteria

The learner will identify all veal retail cuts. Performance

Conditions To be observed and assessed by the instructor.

Criteria Safety

Describe retail cuts of veal

Procedure



Line (GAC): E PORK

Competency: E1 Carcass Breaking

Objectives

To be competent in this area, the individual must be able to:

- Identify primal cuts of pork.
- Break pork into primal cuts.
- Identify sub-primal cuts of pork.
- Cut pork into sub-primal cuts.
- Cut and process sub-primals of pork.

LEARNING TASKS

- 1. Identify primal cuts of pork
- 2. Break pork into primal cuts

3. Identify sub-primal cuts of pork

- Pork leg (ham)
- Pork loin
- Pork shoulder
- Pork belly
- Identify correct breaking procedure
- Demonstrate break points
 - Pork leg (ham)
 - o Pork loin
 - o Pork shoulder
 - o Pork belly
- Identify correct order of cuts
- Use correct tools
- Identify correct storage procedure
- Identify pork leg sub-primals
 - o Pork hock
 - o Pork leg inside
 - o Pork leg outside
 - o Pork leg tip
- Identify pork loin sub-primals
 - o Pork loin rib half
 - o Pork loin sirloin half
 - o Pork rib
 - o Pork loin centre
 - Pork sirloin back ribs
 - o Pork loin centre boneless
- Identify pork shoulder sub-primals
 - Pork jowl
 - o Pork shoulder blade
 - o Pork shoulder picnic
 - Pork hock



LEARNING TASKS CONTENT

Identify belly sub-primals

Pork side ribs

Side pork

Cut pork leg sub-primals

Cut pork loin sub-primals

Cut pork shoulder sub-primals

Cut pork belly sub-primals

Cut and process sub-primals of pork Cut pork leg retail cuts

Cut pork loin retail cuts

Cut pork belly retail cut

Cut pork shoulder retail cuts

5.

Cut pork into sub-primal cuts

Achievement Criteria

Performance The learner will correctly break down a side of pork into primals and sub-primals.

Conditions

To be observed and assessed by the instructor.

Criteria

Work area correctly prepared

Correct tools selected

Work area kept clean during cutting

Work area cleaned and sanitized after cutting

Safe practices observed throughout

Production time was within industry expectations

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Line (GAC): E PORK

Competency: E2 Cuts of Pork

Objectives

To be competent in this area, the individual must be able to:

- Describe wholesale and boxed cuts of pork.
- Describe retail cuts of pork.

LEARNING TASKS

1 Describe wholesale and boxed cuts of pork

2. Describe retail cuts of pork

CONTENT

- Common wholesale market forms
- Wholesale cuts
 - o Pork shoulder
 - o Pork belly
 - o Pork loin
 - o Pork leg
- Block ready cuts
- Identify pork leg retail cuts
- Identify pork loin retail cuts
- Identify pork belly retail cuts
- Identify pork shoulder retail cuts
- Identify pork trim retail cuts

Achievement Criteria

Performance The learner will identify all pork retail cuts.

Conditions To be observed and assessed by the instructor.

Criteria

- Safety
- Procedure



Line (GAC): F LAMB

Competency: F1 Carcass Breaking

Objectives

To be competent in this area, the individual must be able to:

- Identify primal cuts of lamb.
- Break lamb into primal cuts.
- Identify sub-primal cuts of lamb.
- Cut lamb into sub-primal cuts.
- Cut and process sub-primals of lamb.

LEARNING TASKS

- 1. Identify primal cuts of lamb
- 2. Break lamb into primal cuts

3. Identify sub-primal cuts of lamb

4. Cut lamb into sub-primal cuts

- Lamb leg
- Loin
- Front
- Flank
- Identify correct breaking procedure
- Demonstrate break points
 - o Leg
 - o Loin
 - o Front
 - o Flank
- Identify correct order of cuts
- Use correct tools
- Identify correct storage procedure
- Identify leg sub-primals
 - o Sirloin
 - Lamb leg sirloin off
- Identify loin sub-primals
 - o Loin
 - o Rib
- Identify front sub-primals
 - Shoulder blade
 - o Shoulder arm
 - o Neck
 - o Breast
 - Fore shank
- Cut leg sub-primals
- Cut loin sub-primals
- Cut front sub-primals



LEARNING TASKS

5. Cut and process sub-primals of lamb

CONTENT

- Cut leg retail cuts
- Cut loin retail cuts
- Cut front retail cuts
- Cut flank retail cuts

Achievement Criteria

Performance The learner will correctly break down a side of lamb into primals and sub-primals.

Conditions

- Given a workstation, proper tools and equipment
- To be observed and assessed by the instructor

Criteria

- Safety
- Procedure



Line (GAC): F LAMB

Competency: F2 Cuts of Lamb

Objectives

2.

To be competent in this area, the individual must be able to:

- Describe wholesale and boxed cuts of lamb.
- Describe retail cuts of lamb.

LEARN	TTRTA 7	O A OTZO

Describe wholesale and boxed cuts of lamb

Describe retail cuts of lamb

CONTENT

- Common wholesale market forms
- Lamb side
 - o Front
 - o Whole loin
 - o Flank
 - o Leg
- Block ready cuts
- ,
- Identify leg retail cuts
- Identify loin retail cuts
- Identify front retail cuts
- Identify flank retail cuts
- Identify lamb trim cuts

Achievement Criteria

Performance The learner will identify all lamb retail cuts.

Conditions To be observed and assessed by the instructor.

Criteria • Safety

Procedure



Line (GAC): G POULTRY
Competency: G1 Cuts of Poultry

Objectives

To be competent in this area, the individual must be able to:

- Identify types and varieties of poultry.
- Describe wholesale cuts of poultry.
- Describe retail cuts of poultry.

LEARNING TASKS

1. Identify types and varieties of poultry

CONTENT

- Chickens
 - o Rock Cornish Hen
 - o Broilers
 - o Fryers
 - o Roasters
 - Stewing hens
- Turkey
 - o Mature and young
- Geese
- Duck
 - o Mature and young
- Describe wholesale cuts of poultry
 Common wholesale market forms
 - o Whole
 - o Half
 - o Breast, bone in
 - o Breast, boneless
 - o Leg
 - Identify retail cuts of chicken
 - Identify retail cuts of turkey

Achievement Criteria

Performance The learner will identify all poultry retail cuts.

Conditions To be observed and assessed by the instructor.

Criteria

Safety

Describe retail cuts of poultry

Procedure



Line (GAC): H SEAFOOD AND FRESHWATER FISH

Competency: H1 Identification

Objectives

To be competent in this area, the individual must be able to:

- Describe types of salt and freshwater fish.
- Describe types of mollusks.
- Describe types of crustaceans.
- Describe quality indicators for fish and shellfish.

LEARNING TASKS

1. Describe types of salt and freshwater fish

CONTENT

- Describe species of salmon
 - o Pink
 - o Chum
 - Sockeye
 - Coho
 - o Chinook/Spring
 - Atlantic
- Describe saltwater fish
 - o Cod
 - o Halibut
 - o Sole
 - o Snapper
 - o Mackerel
 - o Tuna
- Describe freshwater fish
 - Trout
 - o Arctic Char
 - o Catfish
 - o Tilapia

- Describe types of mollusks
- Clams
- Mussels
- Scallops
- Oysters
- Crab
- Lobster
- Shrimp
- 4. Describe quality indicators for fish and shellfish

Describe types of crustaceans

- Determine if whole fish is fresh
 - o Gills
 - o Eyes
 - o Flesh
 - Texture

2.

3.



LEARNING TASKS

CONTENT

- o Smell
- Determine when fish is deteriorating
 - Gills
 - o Eyes
 - o Flesh
 - o Texture
 - o Smell
- Determine if fillets are fresh
 - Texture
 - o Smell

Achievement Criteria

Performance The learner will explain the identification of seafood as described.

Conditions To be observed and assessed by the instructor.

Criteria • Safety

• Procedure



Line (GAC): H SEAFOOD AND FRESHWATER FISH

Competency: H2 Cutting Procedure

Objectives

To be competent in this area, the individual must be able to:

- Perform correct filleting procedures for fish.
- Perform correct steaking procedures for fish.
- Perform correct portioning procedures for fish.

LEARNING TASKS

1. Perform correct filleting procedures for fish

2. Perform correct steaking procedures for fish

3. Perform correct portioning procedures for fish

- Fabricating procedures
 - o Scaling
 - > Filleting
 - Round fish
 - Flat fish
 - Skinning
 - Sole, salmon, etc.
 - Fish fillets
 - Pulling pin bones from a salmon fillet
 - Cutting a fillet
- Fabricating procedures
 - Cutting steaks
 - Round fish (salmon)
 - Flat fish (halibut)
- Correct tools selected
- General cutting procedures accurately followed
 - o Portion accuracy
 - Amount of trim appropriate and product appearance neat and attractive
- Identify correct storage procedure
 - Select correct size tray
 - Follow wrapping and labelling procedures
 - Finished product stored in the correct location



Performance

The learner will perform correct cutting and portioning procedures for seafood.

Conditions

Criteria

- To be observed and assessed by the instructor.
- Work area correctly prepared
- Correct tools selected
- Work area kept clean during cutting
- Work area cleaned and sanitized after cutting
- Safe practices observed throughout
- Production time was within industry expectations

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Line (GAC): H SEAFOOD AND FRESHWATER FISH

Competency: H3 Cuts of Fish

Objectives

To be competent in this area, the individual must be able to:

- Identify common market forms of fish and shellfish.
- Describe retail cuts of fish.

LEARNING TASKS

 Identify common market forms of fish and shellfish

CONTENT

- Identify common whole fish
 - Salmon
 - o Cod
 - o Halibut
 - o Sole
 - o Snapper
 - Trout
 - o Mackerel
- Identify fish fillets
 - o Salmon
 - o Cod
 - o Sole
 - Snapper
- Identify smoked fish and specialty products
 - Alaskan cod
 - o Smoked salmon hot smoked
 - Lox cold smoked
 - o Herring
- Steaks and fillets
 - o Cod
 - o Salmon
 - o Halibut
 - o Sole
 - Snapper

Achievement Criteria

2.

Performance The learner will identify common types and cuts of fish.

Conditions To be observed and assessed by the instructor.

Criteria • Safety

Describe retail cuts of fish

• Procedure



Level 2 Meatcutter



Line (GAC): A OCCUPATIONAL SKILLS

Competency: A5 Ordering and Inventory

Objectives

To be competent in this area, the individual must be able to:

- Describe ordering procedures.
- Describe basic inventory procedures.

LEARNING TASKS

1. Describe ordering procedures

CONTENT

- Review the usage of tonnage control sheet
- Review the importance of keeping records
- List various suppliers of product, including phone number and contact
- Determine factors that will affect sales
 - Holidays
 - o Weather
 - o Time of Year
- Explain the benefits of ethics when dealing with suppliers
- Explain factors which determine which supplier you will select
 - o Availability of product
 - Price of product
 - Quality of product
 - o Consumer preference
- Explain the role of the customer in developing an order policy
- Purpose
- Count
- Inventory record keeping
- Pricing and costing for physical inventory
- Statements of gross profit
- Inventory turnover
- Explain the relation that inventory has on profit

Achievement Criteria

2.

Performance The learner will apply the principles of inventory and pricing procedures.

Conditions To be observed and assessed by the instructor.

Criteria • Procedure

Describe basic inventory procedures



Line (GAC): A OCCUPATIONAL SKILLS
Competency: A6 Trade Math and Cost Controls

Objectives

To be competent in this area, the individual must be able to:

- Describe and perform shrink analysis.
- Describe the principles of pricing analysis.
- Describe common mark-up and mark down procedures.
- Describe the principles of gross and net profit analysis.
- Describe the calculation of wage cost and dollar per man hour.

LEARNING TASKS

- 1. Describe and perform shrink analysis
- 2. Describe the principles of pricing analysis

- 3. Describe common mark-up and mark down procedures
- 4. Describe the principles of gross and net profit analysis

- Importance of shrink analysis
- Determining a breakeven
- Calculating a shrink factor
- Using shrink factors
- Determine how to establish cost price of all products
- Calculate cost price for all products
- Calculate gross sales for a period of time
- Calculate gross expenses for a period of time
- Calculate an income statement
- Calculate a tonnage control sheet
- Calculate percentage turnover of product for a period of time
- Calculate percentage of sales for each product at retail level
- Determine profit for each item at retail using inventory
- Understanding mark-up
 - Mark-up based on selling price
- Understanding markdown
 - Rationale
 - Calculating markdown percentages
 - Objectives
- Meat sales to total sales
- Labour costs
- Total costs
- Gross profit
- Net profit



LEARNING TASKS

5. Describe the calculation of wage cost and dollar per man hour

CONTENT

- Inventory and income statements
- Objectives
- Labour costs to total sales
- Sales per man hour
- Cost or dollar per man hour

Achievement Criteria

Performance The learner will apply the principles of pricing procedures according to industry standards.

Conditions To be observed and assessed by the instructor.

Criteria • Procedure



Line (GAC): A OCCUPATIONAL SKILLS

Competency: A7 Customer Relations

Objectives

To be competent in this area, the individual must be able to:

- Describe the importance of understanding customer needs.
- Describe the procedures for dealing with customer complaints.
- Describe customer service practices and procedures.

LEARNING TASKS

 Describe the importance of understanding customer needs

2. Describe the procedures for dealing with customer complaints

- · Store facility
 - o Location
 - Appearance and atmosphere
 - Cleanliness and sanitation
 - Hours of operation
- Product
 - Quality
 - o Selection
 - o Presentation
 - Fair pricing
- Staff
 - Appearance
 - o Manner
 - o Knowledge of subject
- Work to eliminate causes for complaint in advance
- Perform above industry standards in a retail meat shop
- Acknowledge and validate the concerns of the customer
 - Polite, respectful manner at all times
 - Verify customer complaint
 - Admit the validity of customer complaint
 - Thank costumer for his/her attention
 - Address the concerns of the customer
 - o Fix the problem if possible
 - Refer the complaint to a higher authority
 - Offer compensation if appropriate



LEARNING TASKS

procedures

3. Describe customer service practices and

CONTENT

- Be sure that the customer is satisfied
- Initial greeting
 - o Friendly, outgoing attitude
 - Smile with sincerity
- Personal manner
 - o Courteous
 - o Helpful
 - Knowledgeable
- Full attention given to customer
- Efficient
- Payment transactions
 - Handling cash and making change
 - Credit cards
 - o Debit cards
 - Personal cheques
- Wrap purchases
 - o Handle purchases with care
- Courtesy to the customer

Achievement Criteria

Performance The learner will demonstrate customer service skills as described.

Conditions To be observed and assessed by the instructor.

Criteria • Procedure



Line (GAC): A OCCUPATIONAL SKILLS

Competency: A8 Human Resource and Leadership Skills

Objectives

To be competent in this area, the individual must be able to:

- Describe team building and leadership skills.
- Describe conflict resolution techniques.
- Describe stress management techniques.
- Describe effective problem solving and decision making.

LEARNING TASKS

1. Describe team building and leadership skills

2. Describe conflict resolution techniques

- 3. Describe stress management techniques
- 4. Describe effective problem solving and decision making

- Overview of the team within the retail meat shop
- Characteristics of effective working groups
- Stages of group development
- Roles of group members
- Barriers to group performance
- Good communication
- Leadership
- Leadership styles
- Delegation
- Overview
- Ineffective ways to deal with conflict
- Effective conflict resolution
- Conflict resolution process
- Dealing with anger
- Overview of stress in the trade
- Unhealthy levels of stress
- Low-stress living
- Managing stress at work
- Stress relief
- Types of decision-makers
- Method
 - o Identify the problem
 - Search for alternatives
 - o Weigh the alternatives
 - Make a choice
 - Implement the decision
 - o Evaluate the outcome
- Creative thinking



Line (GAC): A OCCUPATIONAL SKILLS

Competency: A9 Retail Merchandizing

Objectives

To be competent in this area, the individual must be able to:

- Describe the principles of display case layout and management.
- Describe the procedures associated with product merchandizing.

LEARNING TASKS

Describe the principles of display case layout and management

CONTENT

- Identify all retail products
- Explain various dates found on retail products
 - o Expiry date
 - Packaging date
 - Best before date
- Identify product to be pulled from the counter
- Explain types of display cases
 - Gravity type
 - Blower type
 - o Wall or floor mounted
- Identify correct temperature
 - o Deli case
 - o Fish case
 - Fresh display case
 - o Freezer case
- Identify parts of a display case
 - o Deli case
 - o Fish case
 - o Fresh display case
 - > Freezer case
- 2. Describe the procedures associated with product merchandizing
- Marketing and advertising standards
- Up-selling
- Value adding
- Cross and or merchandising
- Feature items and loss leaders

Achievement Criteria

Performance

The learner will demonstrate display case management and merchandizing techniques.

Conditions

To be observed and assessed by the instructor.

Criteria

- Safety
- Procedure
- Quality of final product



Line (GAC): B HANDLING MEAT, POULTRY, AND SEAFOOD

Competency: B1 Meat Science and Nutrition

Objectives

To be competent in this area, the individual must be able to:

- Describe the nutritional elements of meat (advanced).
- Describe diseases associated with meat (advanced).
- Describe the chemical changes associated with slaughter.
- Compare properties of seafood and meat.
- Describe the sustainability of our food supply.

LEARNING TASKS

 Describe the nutritional elements of meat (advanced)

Describe diseases associated with meat

CONTENT

- The human fuel system:
 - o Energy
 - Calories
 - o Carbohydrates
 - Amino acids
- Fats:
 - o Fat content of various species
 - o Fat & flavour
- Vitamins:
 - o Fat soluble
 - o Water soluble
- Minerals:
 - o Large & trace amounts
- Cholesterol:
 - Sources & function
 - o Structure
 - Positive & negative functions
- Control of meat related diseases: HACCP framework
- Abscesses, cysts,& bloodspots
- Lymph nodes & glands
- Commonly known diseases:
 - Parasites & Bacteria
 - o Salmonella
 - o Staphylococcus
 - o Trichinosis
 - BSE, mad cow disease
 - E-coli 0157:H7, hamburger disease
- Uncommon diseases:

2.

(advanced)



LEARNING TASKS

CONTENT

- Listeria monocytogens
- o Clostridium perfringens
- o Clostridium Botulinum
- 3. Describe the chemical changes associated with slaughter
- Slaughter process:
 - Stunning, hanging & bleeding
 - Electrical stimulation to enhance blood flow
 - o pH levels & post mortem chemical changes
 - Rigor Mortis; Pre rigor, rigor max, rigor resolution
 - Cross bridges
- P.S.S Pre-slaughter stress syndrome:
 - Causes & effects on carcass meats
 - o PSE, Pale soft & Exudative meat
 - O DFD, Dark firm & dry meat
 - Minimizing PSE & DFD

- 4. Compare properties of seafood and meat
- Structure
- Flesh
- Bone
- Nutrition
- Importance of having a sustainable food supply
- Current issues
- Current trends
- Endangered resources

5. Describe the sustainability of our food supply



Line (GAC): B HANDLING MEAT, POULTRY, AND SEAFOOD

Competency: B2 Inspection and Grading

Objectives

To be competent in this area, the individual must be able to:

• Describe the grading and inspection of game.

LEARNING TASKS

Describe the grading and inspection of available game

CONTENT

- Regulations
- Inspection
- Species which have grading regulations
- Grades
 - o Bison
 - Canada A1,2,3,4, B1,2,3, D1,2,3
 - Game birds (farm raised)
 - Grades as for other poultry
- Unregulated species
- Wild game rules and regulations
- Custom cutting

Achievement Criteria

Performance The learner will explain the inspection and grading of game meats and poultry.

Conditions To be observed and assessed by the instructor.

Criteria • Procedure



Line (GAC): B HANDLING MEAT, POULTRY, AND SEAFOOD

Competency: B3 Handling and Storage

Objectives

To be competent in this area, the individual must be able to:

• Identify correct game handling and storage procedures.

LEARNING TASKS

Identify correct game handling and storage procedures

CONTENT

- Rules for handling wild game
- Storage
- Cross contamination
- Process to customer specifications
- Process to eliminate gun shot wounds and other foreign materials
- Use correct tools
- Identify correct storage procedure
 - o Bones
 - o Trim
- Finished product
- Explain the importance of correct temperature
 - Cooler
 - o Freezer

Achievement Criteria

Performance The learner will explain the handling and storage of game.

Conditions To be observed and assessed by the instructor.

Criteria • Procedure



Line (GAC): B HANDLING MEAT, POULTRY, AND SEAFOOD

Competency: B5 Cooking Potential

Objectives

To be competent in this area, the individual must be able to:

- Determine the best cooking method for various cuts of meat, poultry, and seafood.
- Describe the marinating and tenderizing of meat, poultry, and seafood.
- Describe the preparation of stuffed and ready to cook products.

LEARNING TASKS CONTENT

- 1. Determine the best cooking method for various cuts of meat, poultry, and seafood
- Meats
 - Location on animal
 - o Fat content
 - o Tenderness
- Poultry
 - Location on animal
 - o Fat content
 - o Tenderness
- Seafood
 - o Type of fish or shellfish
 - o Cut
 - o Fat content
 - o Firmness
 - Flavour
 - Time factor by thickness of product
- 2. Describe the marinating and tenderizing of meat, poultry, and seafood
- Tenderizing
 - Mechanical
 - o Chemical
- Marinating
 - o Principles
 - o Types
 - Ingredients and ratios
- 3. Describe the preparation of stuffed and ready to cook products
- Prepare stuffing, seasonings or marinade
- Marinate & or vacuum tumble product
- Preparation (pockets)for stuffing
 - Roasts or steaks
 - o Breasts or legs
 - o Fillets
- Presentation
- Accompaniments



Line (GAC): C BEEF

Competency: C2 Cuts of Beef

Objectives

To be competent in this area, the individual must be able to:

- Describe specialty cuts of beef.
- · Describe processed cuts of beef.

LEARNING TASKS

1. Describe specialty cuts of beef

2. Describe processed cuts of beef

CONTENT

- Inside round rouladen
- Beef ribs marinated &vacuum tumbled
- Grilling steaks, seasoned & bacon wrapped
- Flank London broil
- Oven roasts seasoned & marinated
- Hip tenderized quick serve steaks
- Beef kabobs, seasoned, marinated & vacuum tumbled
- Corned Beef
- Cured and smoked cuts of beef
- · Ready to cook cuts of beef
- Secondary cut recognition
- Boxed beef recognition
- Secondary cut processing for retail
- Retail cut recognition

Achievement Criteria

Performance

The learner will identify and prepare specialty cuts of beef.

Conditions

To be observed and assessed by the instructor.

Criteria

- Work area correctly prepared
- Correct tools selected
- Work area kept clean during cutting
- Work area cleaned and sanitized after cutting
- Safe practices observed throughout
- Production time was within industry expectations
- Minimum of 70% correct on the written test



Line (GAC): D VEAL

Competency: D2 Cuts of Veal

Objectives

To be competent in this area, the individual must be able to:

• Identify correct game handling and storage procedures.

LEARNING TASKS

Identify correct game handling and storage procedures

CONTENT

- Rules for handling wild game
- Storage
- Cross contamination
- Process to customer specifications
- Process to eliminate gun shot wounds and other foreign materials
- Use correct tools
- Identify correct storage procedure
 - Bones
 - o Trim
- Finished product
- Explain the importance of correct temperature
 - Cooler
 - o Freezer

Achievement Criteria

Performance The learner will explain the handling and storage of game.

Conditions To be observed and assessed by the instructor.

Criteria • Procedure



Line (GAC): E PORK

Competency: E2 Cuts of Pork

Objectives

2.

To be competent in this area, the individual must be able to:

- Describe specialty cuts of pork.
- Describe processed cuts of pork.
- Describe pork variety meats and offal.

LEARNING TASKS

Describe specialty cuts of pork

Describe processed cuts of pork

3. Describe pork variety meats and offal

CONTENT

- Marinated and vacuumed tumbled pork cuts
- Stuffed pork loin chops and roasts
- Pork loin rack and crown roasts
- Pork cutlets, seasoned and breaded
- Pork kabobs, seasoned, marinated and vacuum tumbled
- Cured and smoked cuts of pork
- Ready to cook cuts of pork
- Secondary cut recognition
- Boxed pork recognition
- Secondary cut processing for retail
- Retail cut recognition
- Liver, heart, tongue, kidney
- Fats
 - o Uses
 - Types
 - Back fat
 - Caul fat
 - Leaf lard

Achievement Criteria

Performance

The learner will identify and prepare specialty cuts of pork

Conditions

- The learner will be given a workstation, proper tools and equipment
- Be observed and assessed by the instructor

Criteria

- Work area correctly prepared
- Correct tools selected
- Work area kept clean during cutting
- Work area cleaned and sanitized after cutting
- Safe practices observed throughout
- Production time was within industry expectations



Line (GAC): F LAMB

Competency: F2 Cuts of Lamb

Objectives

To be competent in this area, the individual must be able to:

- Describe specialty cuts of lamb.
- Describe lamb variety meats and offal.

LEARNING TASKS

1. Describe specialty cuts of lamb

Describe lamb variety meats and offal

CONTENT

- Marinated & vacuumed tumbled lamb cuts
- Stuffed lamb leg & shoulder & roasts
- Lamb rack & crown roasts
 - o Lamb kabobs
- Kidney, heart, tongue
 - Liver
 - Sweetbreads (Thymus glands)

Achievement Criteria

Performance

The learner will identify and prepare specialty cuts of lamb.

Conditions

- The learner will be given a workstation, proper tools and equipment
- Be observed and assessed by the instructor

Criteria

2.

- Work area correctly prepared
- Correct tools selected
- Work area kept clean during cutting
- Work area cleaned and sanitized after cutting
- Safe practices observed throughout
- Production time was within industry expectations



Line (GAC): G **POULTRY Cuts of Poultry** Competency: G1

Objectives

To be competent in this area, the individual must be able to:

- Describe specialty cuts of poultry.
- Describe poultry variety meats and offal.

LEARNING TASKS	
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Describe specialty cuts of poultry

2. Describe poultry variety meats and offal

CONTENT

- Marinated & vacuum tumbled chicken
- Chicken cordon bleu
- Chicken Kiev
- Chicken kabobs, seasoned, marinated and vacuum tumbled
- Chicken and Turkey
 - Liver
 - Gizzards
- **Duck and Goose**
- Liver / Foie Gras

Achievement Criteria

Performance

The learner will identify and prepare specialty cuts of poultry.

Conditions

- The learner will be given a workstation, proper tools and equipment
- Be observed and assessed by the instructor

Criteria

- Work area correctly prepared
- Correct tools selected
- Work area kept clean during cutting
- Work area cleaned and sanitized after cutting
- Safe practices observed throughout
- Production time was within industry expectations



Line (GAC): H SEAFOOD AND FRESHWATER FISH

Competency: H3 Cuts of Fish

Objectives

To be competent in this area, the individual must be able to:

• Describe specialty or value added seafood items.

LEARNING TASKS

1. Describe specialty or value-added seafood items

CONTENT

- Smoked and salted fish
- Canned seafood, spiced and marinated etc
- Chicken haddie, variety of white fish mixed and canned
- Kamaboko products; fish paste cakes, imitation crab meat etc.



Line (GAC): I GAME

Competency: I1 Cuts of Game

Objectives

To be competent in this area, the individual must be able to:

- Identify types and varieties of hoofed game.
- Identify types and varieties of game birds.
- Describe wholesale cuts of game.
- Describe retail cuts of game.
- Describe specialty cuts of game.

LEARNING TASKS

1. Identify types and varieties of hoofed game

2. Identify types and varieties of game birds

- 3. Describe wholesale cuts of game

Describe retail cuts of game

CONTENT

- Bison
- Elk
- Venison
- Goat
- Caribou
- Musk ox
- Rabbit
- Small game birds
 - o Quail
 - o Squab
 - o Pheasant
 - o Partridge
 - Guinea Fowl
- Ostrich
- Emu
- Common market forms
 - Bison
 - Primals as for beef
 - O Venison, caribou, goat, etc.
 - Primals as for lamb
 - Rabbit
 - Cuts as for poultry
 - o Game birds
 - Cuts as for poultry
 - Ostrich and Emu
 - Primal cuts
- Identify retail cuts of game meats
 - o Bison
 - Venison



LEARNING TASKS

CONTENT

- Goat
- o Caribou
- o Musk ox
- o Rabbit
- o Ostrich
- o Emu
- Game Birds

5. Describe specialty cuts of game

- Grilling steaks, seasoned & bacon wrapped
- Oven roasts seasoned, stuffed & or marinated
- Game kabobs, seasoned, marinated & vacuum tumbled
- Processed products
 - o Jerky & sausage varieties

Achievement Criteria

Performance The learner will identify cuts of game.

Conditions To be observed and assessed by the instructor.

Criteria • Procedure



Line (GAC): J PROCESSED PRODUCTS

Competency: J1 Fresh Sausage and Ready to Serve Products

Objectives

To be competent in this area, the individual must be able to:

- Describe fresh sausage types and styles.
- Describe ingredient selection and product ratios used in fresh sausage making.
- Describe flavouring and seasoning ingredients.
- Describe fresh sausage production procedures.
- Identify types of common ready to serve sausage products.

LEARNING TASKS

1. Describe fresh sausage types and styles

2. Describe ingredient selection and product ratios used in fresh sausage making

3. Describe flavouring and seasoning ingredients

CONTENT

- Generic commercial pre-mixed recipes
- Original recipes
- Ethnic types, German, Italian, Portuguese, Cajun etc
- Beef types
- Pork types
- Breakfast types
- Describe sausage fat / trim levels
- Explain chemical change and pH values in meats
- List spices
 - Amount of spice / kg
 - Correct spice usage for product
- Explain non-meat ingredients
- Describe casing selection
 - o Pros and cons of each casing
- Spice history
- Common spices used in sausage manufacturing
- Flavour, smell and facts about spices
- Major spice groups
- Use of non-meat ingredients
 - O Vitamin C, salt
 - o Whey powders
 - De-heated mustards
 - o Autolysed yeast
 - Plant proteins
 - o M.S.G.
 - o Soya protein
 - Bread crumbs



LEARNING TASKS

CONTENT

- o Etc.
- 4. Describe fresh sausage production procedures

Identify types of common ready to serve sausage

- Describe sausage manufacturing sanitation procedures
- List power equipment for manufacturing
 - Band saw
 - o Grinder and mixer grinders
 - o Mixer
 - Stuffer
 - Silent cutter
 - Vacuum packer
- Describe processing problems
- Explain nomenclature regulations
- Pepperoni types
 - Cooked linked sausage types:
 - Garlic, Mennonite, Farmers, Polish, Smokies, etc
 - Cooked ready to eat sandwich types:
 - Hunter, Salami, Summer sausage, etc
 - Jerky types

Achievement Criteria

products

Performance

The learner will prepare fresh sausages.

Conditions

- The learner will be given a workstation, proper tools and equipment
- Be observed and assessed by the instructor

Criteria

5.

- Work area correctly prepared
- · Correct tools selected
- Work area kept clean during cutting
- Work area cleaned and sanitized after cutting
- Safe practices observed throughout
- Production time was within industry expectations



Section 4 ASSESSEMENT GUIDELINES



Assessment Guidelines - Level 1

Level 1 Grading Sheet: Subject Competency and Weightings

PROGRAM: MEATCUTTER

IN-SCHOOL TRAINING: LEVEL 1				
LINE	SUBJECT COMPETENCIES	THEORY WEIGHTING	PRACTICAL WEIGHTING	
A	APPLY OCCUPATIONAL SKILLS	25%	25%	
В	HANDLING MEAT, POULTRY AND SEAFOOD	22%	22%	
С	BEEF	18%	18%	
D	VEAL	4%	4%	
Е	PORK	14%	14%	
F	LAMB	6%	6%	
G	POULTRY	7%	7%	
Н	SEAFOOD AND FRESHWATER FISH	4%	4%	
	Total	100%	100%	
In-school theory/practical subject competency weighting		30%	70%	
Final in-school percentage score		IN-SCHOOL %		

In-school Percentage Score Combined theory and practical subject competency multiplied by	80%
Standardized Level Exam Percentage Score The exam score is multiplied by	20%
Final Percentage Score	FINAL%



Assessment Guidelines - Level 2

Level 2 Grading Sheet: Subject Competency and Weightings

PROGRAM: **MEATCUTTER IN-SCHOOL TRAINING:** LEVEL 2 THEORY **PRACTICAL** SUBJECT COMPETENCIES LINE WEIGHTING WEIGHTING APPLY OCCUPATIONAL SKILLS A 25% 25% В 22% HANDLING MEAT, POULTRY AND SEAFOOD 22% C **BEEF** 12% 12% D **VEAL** 4% 4% Ε **PORK** 10% 10% F LAMB 4% 4% G **POULTRY** 7% 7% Η SEAFOOD AND FRESHWATER FISH 4% 4% I **GAME** 6% 6% PROCESSED PRODUCTS J 6% 6% Total 100% 100% In-School theory/practical subject competency weighting 30% 70% Final in-school percentage score Apprentices must achieve a minimum 70% for the final in-school **IN-SCHOOL%** percentage score to be eligible to write the Meatcutter Certificate of

All apprentices who complete Level 2 of the Meatcutter program with a FINAL level percentage score of 70% or greater will write the Certificate of Qualification examination as their final assessment.

SkilledTradesBC will enter the apprentices' Meatcutter Certificate of Qualification examination percentage score into SkilledTradesBC Portal.

A minimum percentage score of 70% on the examination is required for a pass.

Oualification exam.



Section 5 TRAINING PROVIDER STANDARDS



Facility Requirements

Classroom Area

- 1,000 sq. ft. for a class size of 16 students
- Comfortable seating (moveable tables and chairs) suitable for training, teaching, lecturing and drafting
- Instructional media to include multimedia projector, projection screen, DVD player, and whiteboard (optional: flip chart)
- In-room temperature regulation and ventilation
- Lighting controls (for lights and shades or blinds)
- Compliance with all local and national fire code and occupational safety requirements

Shop Area

- Minimum 3,000 square feet of shop area including workstations
- Well ventilated
- 10 ft. high ceilings
- Lighting appropriate to detailed work

Lab Requirements

• Fully operational, representative equipment

Student Facilities

- Adequate lunch room as per WorkSafeBC requirements
- Adequate washroom facilities as per WorkSafeBC requirements
- Personal storage locker

Instructor's Office Space

• 150 sq. ft. per instructor, with a desk, chairs and materials storage / filing system



Tools and Equipment: Common to All Levels

Shop Equipment

Recommended

- Meat power saws
- Meat grinder
- Meat mixer grinder
- Sausage mixer
- Silent cutter sausage mixer
- Meat tenderizer
- Meat slicer
- · Retail metric scales
- Metric / Imperial platform scale
- Metric / Imperial rail scale
- Twin barrel vacuum tumbler
- Twin chamber heavy duty vacuum machine
- Hobart fat tester
- pH meter
- Brine pump and select needles
- Smokehouse (leading edge quality)
- Product trucks
- Jerky racks
- Product sticks
- Hydraulic Sausage stuffer
- Manual sausage stuffer
- Hanging cooler (20 beef side capacity
- Boxed meat cooler (with storage racks)
- Large walk in meat freeze (with storage racks)

- Large cutting tables @ 4 x 8ft
- Cutting boards 4 per table
- Misc. smaller cutting boards
- Roast tying needles
- Table scrapers
- Bone dust removers
- Meat hand saws
- Meat tubs (luggers)
- Meat tub trolleys (6 capacity)
- Retail meat product trolleys
- Retail meat product trays
- Lab product waste barrels on removable wheels40 L
- Product waste storage barrels on wheels + lids 80L
- Meat curing tubs on wheels 80 L + lids
- Dry goods storage area (Inventory # coded)
- Sausage spices & ingredient storage (inventory # coded)
- Metric Spice scales
- Spice blender
- Hand mixing bowls
- Whisks
- Ice machine



Shop (Facility) Tools

Standard Tools

- Sanitation stations twin tubs with rinse hose & sanitizer hook up
- Hand wash stations and knife sterilizers
- Eye wash station
- Coat, apron & sani glove hanging storage and drying area.
- Fire extinguishers, fire blankets
- First aid kit
- A locked area for the orderly storage of hazardous materials in accordance to WHIMS
- Signage posted (fire exits, hazardous materials, safety equipment)
- Charts
- Computer/printer with internet access
- Reference material library
- Projector

Specialty Tools

RETAIL OUTLET ITEMS

- Fresh meat display cases x 2 @ 12 16 ft
- Frozen meat display cases @ 6 8 ft
- Retail outlet service counters
- Value added sales & display area for raw & cooked product
- Point-of-Sale System

Student Tools (supplied by student)

To be purchased prior to or when beginning program - only professional quality utensils are acceptable

Required

- 6 inch boning knife
- 8 to 10 inch steak knife max
- Steel (fine grade)
- Knife scabbard with belt chain and 4 split rings
- Apron
- Safety goggles
- Padlock with 2 keys
- Pair clean sanitation
- Knee-height gumboots
- Sanitation gloves
- 1 Pocket calculator



Reference Materials

Recommended Resources

- Canadian Professional Meatcutters Association
 - o www.meatforce.ca
- Canadian Food Inspection Agency
 - o <u>www.inspection.gc.ca</u>

Suggested Texts

• CPMCA. CANADIAN PROFESSIONAL MEAT CUTTING: a Textbook for Industry Practitioners and Those Interested in ... a Career in the Meat Industry. TELLWELL TALENT, 2018.



Instructor Requirements

Occupation Qualification

The instructor must possess:

• A valid journeyperson certificate in the Meatcutter Trade

Work Experience

A minimum of 10 years' experience working in the industry as a Meatcutter journeyperson of which 3 years have been in a supervisory capacity.

Instructional Experience and Education

It is preferred that the instructor also possesses one of the following:

 A provincially recognized teaching certificate such as the BC Instructor's Diploma Program or equivalent.

OR

 Be enrolled in a provincially recognized teaching certificate such as the BC Instructor's Diploma Program or equivalent with a maximum of 2 years to completion.





Appendices



Appendices

Appendix A Glossary

Analyze To examine critically to determine appropriate procedures, process, or course of

action

Apply To put to use especially for some practical purpose

Arrange To put into a proper order or into a correct or suitable sequence, relationship, or

adjustment

Assemble To fit together the parts of

Assess To determine the value, significance, or extent of; appraise

Bake To cook by dry heat especially in an oven

Bind To cause to stick together

Boil To undergo the action of a boiling liquid; to heat to the boiling point

Bone To remove the bones from (see also debone)

Braise To cook slowly in fat and little moisture in a closed pot

Broil To cook by direct exposure to radiant heat **Butterfly** To split almost entirely and spread apart

Calculate To arrive at a precise numerical answer often through the use of mathematical

formulas

Chill To make cold

Clean To rid of dirt, impurities, or extraneous matter
Convert To change from one form or function to another

Cool To lose heat or warmth

Cook To prepare food for eating especially by means of heat

Cost To estimate or set the cost of

Cut To divide into parts with an edged tool

Debone To remove the bones from **Deep-fry** To cook in deep fat

Define To set forth the meaning of a word or expression

Demonstrate To exhibit, show clearly or perform, to a subject standard, a process or

competence

Describe To set forth the properties or characteristics of an object. To give a detailed or

graphic account of a process or procedure. (To use correct terminology,

sequencing and inter-relationship of the elements is implied where required.)

DetermineTo arrive at, or locate, information by a simple process (e.g., by rule of thumb) **Emulsify**To disperse (as an oil) in an emulsion; *also*: to convert (two or more immiscible

liquids) into an emulsion

Evaluate To determine the significance, worth, or condition of; usually by careful

appraisal and study

Explain To show the logical development or relationships of **Extend** To increase the scope, meaning, or application of

Fill To put into as much as can be held or conveniently contained

Fillet To cut into a piece or slice of boneless meat or fish

Finish To bring to completion or issue

Freeze To solidify as a result of abstraction of heat

Grade To assign a grade to or determine the quality of

Grill To broil on a grill; also: to fry or toast on a griddle

Handle To act on or perform a required function with regard to

Hold To maintain (a certain condition, situation, or course of action) without change

Ice To cover with or as if with icing; *also:* to put on ice



Appendices

Identify To use the correct terminology to describe objects, both individually and

collectively; to state their application or use, and to point out and name them

Inspect To view closely in critical appraisal: look over

Interpret To explain the meaning of

List To give in point form, several items of information; no sequence or inter-

relationship is implied

Locate To seek out and determine the location of

Maintain To keep in good condition. To keep functional, and in good repair.

Obtain To gain or attain usually by planned action or effort
Operate To perform a function: exert power or influence

Pack To cover or surround with

Pan-fry To cook in a frying pan with a small amount of fat

Perform To carry out. To do in a formal manner or according to prescribed ritual.

PoachTo cook in simmering liquidPortionTo divide into portions

Prepare To make ready beforehand for some purpose, use, or activity

Prevent To keep from happening or existing

Price To set a price for

Process To subject to or handle through an established set of procedures

Produce To oversee the making of

Rinse To cleanse by flushing with liquid (as water)

Roast To cook by exposing to dry heat (as in an oven or before a fire)

Roll To wrap round on itself: shape into a ball or roll **Sanitize** To make sanitary (as by cleaning or sterilizing)

Sauté To fry quickly in a small amount of fat Scrub To clean with hard rubbing

Select To choose the most appropriate object, process or procedures, given a specific

situation (when used in relation to an object it also implies the ability to identify

and describe)

Service To remove, maintain, repair, or replace items and/or components

Set upTo assemble the parts of and erect in positionSimmerTo stew gently below or just at the boiling pointSketchTo make a sketch, rough draft, or outline of

Steam To expose to the action of steam (as for softening or cooking)

Stew To boil slowly or with simmering heat

Stir-fry To fry quickly over high heat in a lightly oiled pan (as a wok) while stirring

continuously

Store To place or leave in a location for preservation or later use or disposal

Stuff To prepare by filling or lining

Test To evaluate something against a criterion or standard

Trim To remove by, or as if by, cutting

Troubleshoot To investigate a problem. To look at, or into, critically and methodically in order

to find out the causes, facts, conditions, etc.

Use The act or practice of employing something
Utilize The act or practice of employing something

Wash To cleanse by, or as if by, the action of liquid (as water)

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Program Outline