

Note: Unless your work experience was gained through self-employment, applications must be accompanied by at least one Employer Declaration. For more information, see Instructions for Certification Challenge or Supervision and Sign-off Authority.

C. Reason for Statutory Declaration

Indicate why a Statutory Declaration is required for this period of employment:

- ☐ Applicant was self-employed ☐ Employer will/can not complete Employer Declaration

Applicants **must** attempt to contact current or previous employers to request an Employer Declaration to be filled out and signed.

If you have been unable to obtain an Employer Declaration for any portion of your non-self-employed work experience, **indicate the steps you have taken to try to obtain it.**

[illegible]

D. Statutory Declaration of Job Task Performance

By checking in the appropriate column, indicate how often you have performed the job tasks listed below during the period indicated in Section B.

Job tasks	Frequently	Occasionally	Never
OCCUPATIONAL SKILLS			
Professional Cook 1 Skills			
Follows roles and responsibilities in the kitchen	☐	☐	☐
Applies safe work practices	☐	☐	☐
Applies food safety standards	☐	☐	☐
Uses tools and equipment; follows and convert recipes	☐	☐	☐

Enter the applicant's initials on every page of this form

I hereby certify, that to the best of my knowledge, the information I am providing is true and accurate.	Applicant's Initials:
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COOK
(PROFESSIONAL COOK 3)
STATUTORY DECLARATION
OF WORK EXPERIENCE

SkilledTradesBC Customer Service
800 – 8100 Granville Ave
Richmond, BC V6Y 3T6
Tel: 778-328-8700
Fax: 778-328-8701
Toll Free: 1-866-660-6011
customerservice@skilledtradesbc.ca

Job tasks	Frequently	Occasionally	Never
Uses common menu terminology	☐	☐	☐
Receives and stores supplies; handles waste appropriately	☐	☐	☐
Applies principles of seasoning and basic ingredient knowledge	☐	☐	☐
Professional Cook 2 Skills (in addition to PC1 skills)			
Follows employment standards and practices	☐	☐	☐
Applies basic menu planning procedures	☐	☐	☐
Takes and extends inventory	☐	☐	☐
Prepares food for allergies, intolerances, and special diets	☐	☐	☐
Uses communication skills	☐	☐	☐
Applies basic purchasing procedures and cost calculations	☐	☐	☐
Describes table settings, table service, basic service of wine and spirits	☐	☐	☐
Cook (Professional Cook 3) Skills (in addition to PC1 and 2 skills)			
Prepares food safety plans	☐	☐	☐
Uses cook chill/cook freeze systems, specialty cooking methods, and presentation techniques	☐	☐	☐
Writes a la carte menus	☐	☐	☐
Applies basic stress management, teambuilding, conflict resolution, and problem solving	☐	☐	☐
Follows food and labour cost and budgeting procedures	☐	☐	☐
STOCKS, SOUPS AND SAUCES			
Professional Cook 1 Skills			
Prepares stocks from scratch	☐	☐	☐
Uses thickening agents	☐	☐	☐
Prepares basic soups (clear, cream, purée) from scratch	☐	☐	☐
Prepares basic sauces (white, blonde, brown, purée, emulsion)	☐	☐	☐
Professional Cook 2 Skills (in addition to PC1 skills)			
Prepares specialty soups (consommé, chilled, ethnic)	☐	☐	☐

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Job tasks	Frequently	Occasionally	Never
Prepares secondary and derivative sauces	☐	☐	☐
Cook (Professional Cook 3) Skills (in addition to PC1 and 2 skills)			
Prepares specialty and ethnic sauces, applies principles of sauce selection	☐	☐	☐
VEGETABLES AND FRUITS			
Professional Cook 1 Skills			
Prepares common vegetables	☐	☐	☐
Prepares fruits	☐	☐	☐
Professional Cook 2 Skills (in addition to PC1 skills)			
Specialty and volume vegetable preparation	☐	☐	☐
Vegetarian diets and vegetarian cooking	☐	☐	☐
STARCHES			
Professional Cook 1 Skills			
Prepares basic potato dishes	☐	☐	☐
Prepares dry pasta and noodle dishes	☐	☐	☐
Prepares rice	☐	☐	☐
Professional Cook 2 Skills (in addition to PC1 skills)			
Specialty and volume potato preparation	☐	☐	☐
Prepares fresh pasta and specialty starches	☐	☐	☐
Prepares grains and legumes	☐	☐	☐
MEATS			
Professional Cook 1 Skills			
Trims and portions cut meats	☐	☐	☐
Cooks basic meat dishes using moist and dry heat methods	☐	☐	☐
Professional Cook 2 Skills (in addition to PC1 skills)			
Debones and processes meats	☐	☐	☐
Volume and banquet service of meats	☐	☐	☐

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Job tasks	Frequently	Occasionally	Never
Cook (Professional Cook 3) Skills (in addition to PC1 and 2 skills)			
Cuts game and variety meats	☐	☐	☐
Prepares game and variety meats; specialty/classic meat dishes	☐	☐	☐
POULTRY			
Professional Cook 1 Skills			
Trims and portions cut chicken and turkey	☐	☐	☐
Cooks basic poultry dishes using moist and dry heat methods	☐	☐	☐
Professional Cook 2 Skills (in addition to PC1 skills)			
Debones common and specialty poultry (ducks, geese, and quail)	☐	☐	☐
Volumes and banquets service of poultry	☐	☐	☐
Cook (Professional Cook 3) Skills (in addition to PC1 and 2 skills)			
Cuts game birds	☐	☐	☐
Prepares game birds; specialty/classic poultry dishes	☐	☐	☐
SEAFOOD			
Professional Cook 1 Skills			
Fillets flat and round fish; cleans bivalves and shrimp	☐	☐	☐
Cooks basic fish dishes using moist and dry heat methods	☐	☐	☐
Cooks basic shellfish dishes using moist and dry heat methods	☐	☐	☐
Professional Cook 2 Skills (in addition to PC1 skills)			
Fillets specialty fish and clean crustaceans	☐	☐	☐
Volumes and banquets service of fish	☐	☐	☐
Volumes and banquets service of shellfish	☐	☐	☐
Cook (Professional Cook 3) Skills (in addition to PC1 and 2 skills)			
Cleans specialty seafood (squid, octopus, etc.)	☐	☐	☐
Prepares specialty/classic fish dishes	☐	☐	☐
Prepares specialty/classic shellfish dishes	☐	☐	☐

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Job tasks	Frequently	Occasionally	Never
GARDE-MANGER			
Professional Cook 1 Skills			
Prepares basic salad dressings from scratch	☐	☐	☐
Prepares basic salads	☐	☐	☐
Prepares hot and cold sandwiches	☐	☐	☐
Professional Cook 2 Skills (in addition to PC1 skills)			
Prepares specialty dressings and cold sauces	☐	☐	☐
Prepares specialty salads	☐	☐	☐
Prepares hors d'oeuvre and appetizers	☐	☐	☐
Assembles presentation platters	☐	☐	☐
Cook (Professional Cook 3) Skills (in addition to PC1 and 2 skills)			
Pickls, prepares infused oils and vinegars	☐	☐	☐
Buffets presentation and design	☐	☐	☐
Prepares pates, terrines, basic sausages, cured, and smoked items	☐	☐	☐
EGGS, BREAKFAST COOKERY, AND DAIRY			
Professional Cook 1 Skills			
Prepares egg dishes	☐	☐	☐
Prepares breakfast items other than eggs	☐	☐	☐
Cooks with dairy and cheese	☐	☐	☐
BAKED GOODS AND DESSERTS			
Professional Cook 1 Skills			
Applies basic methods used in baking	☐	☐	☐
Prepares basic pies and pastry from scratch	☐	☐	☐
Prepares fruit desserts and custards from scratch	☐	☐	☐
Prepares quick breads from scratch	☐	☐	☐
Prepares cookies from scratch	☐	☐	☐

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Job tasks	Frequently	Occasionally	Never
Prepares basic yeast breads from scratch	☐	☐	☐
Professional Cook 2 Skills (in addition to PC1 skills)			
Prepares puff pastry, choux paste, meringues, specialty pastries	☐	☐	☐
Prepares specialty yeast products (sourdoughs and laminated doughs)	☐	☐	☐
Prepares and assembles cakes, cheesecakes, icings and frostings	☐	☐	☐
Cook (Professional Cook 3) Skills (in addition to PC1 and 2 skills)			
Prepares hot and specialty plated desserts	☐	☐	☐
Prepares and decorates specialty cakes and tortes	☐	☐	☐
Prepares frozen desserts, ice creams, and sorbets	☐	☐	☐
Prepares basic chocolate, confectionary, and garnishes	☐	☐	☐
BEVERAGES			
Professional Cook 1 Skills			
Prepares coffee and tea products	☐	☐	☐
Cook (Professional Cook 3) Skills (in addition to PC1 and 2 skills)			
Identifies types and styles of wine; principles of wine selection	☐	☐	☐

E. Applicant Signature

I certify that the information I have provided is true and accurate. (Note: Collection and protection of personal information on this form is in accordance with the provisions of the Freedom of Information and Protection of Privacy Act.)

Applicant Name (please print):	Applicant Signature:	Date: (MM/DD/YYYY)
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F. References

Minimum of Three References must accompany **each Statutory Declaration form**. Include names and contact information of minimum three individuals who can attest to your hours and/or scope of trade. References listed must be related to the organization and period of employment listed in Section B of this form.

Each individual listed will be contacted by SkilledTradesBC to verify the information provided on your application.

1. Reference

Relationship to Applicant:			☐ Former Employee	☐ Contractor	☐ Supplier
			☐ Co-worker	☐ Client	☐ Other (i.e. HR; Book keeper; Accountant, Business Partner) please specify:
First and Last Name of Reference:		Language(s) that reference can communicate: (Check all that apply)			
		☐ English ☐ Other (specify):			
Organization/Business Name:			Position/Title:		
Phone Number:			Email Address:		

2. Reference

Relationship to Applicant:			☐ Former Employee	☐ Contractor	☐ Supplier
			☐ Co-worker	☐ Client	☐ Other (i.e. HR; Book keeper; Accountant, Business Partner) please specify:
First and Last Name of Reference:		Language(s) that reference can communicate: (Check all that apply)			
		☐ English ☐ Other (specify):			
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3. Reference

Relationship to Applicant:			☐ Former Employee	☐ Contractor	☐ Supplier
			☐ Co-worker	☐ Client	☐ Other (i.e. HR; Book keeper; Accountant, Business Partner) please specify:
First and Last Name of Reference:		Language(s) that reference can communicate: (Check all that apply)			
		☐ English ☐ Other (specify):			
Organization/Business Name:			Position/Title:		
Phone Number:			Email Address:		

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